

Wed 06-26-13 AL

We charmed the front desk at Teagle into opening up the rowing room in order to film Andrea rowing on slides and the dynamic erg. We have video of Andrea rowing on:

- our erg
- C2 stationary
- C2 on slides
- C2 dynamic

I don't have enough experience to distinguish between the slides and the dynamic, but a stationary erg definitely feels different and less smooth than the non-stationary ergs.

Dynamic:

Slides:

The videos are on [Box](#). We plan to analyze them with the Tracker software.

We will probably redo the videos with an experienced rower.

Wendy Davis is a political beast, and thank you SCOTUS.