

CONSENSUS STATEMENT

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ACVIM consensus statement on the treatment of immune-mediated hemolytic anemia in dogs

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Immune-mediated hemolytic anemia (IMHA) causes severe anemia in dogs and is associated with considerable morbidity and mortality. Treatment with various immunosuppressive and antithrombotic drugs has been described anecdotally and in previous studies, but little consensus exists among veterinarians as to the optimal regimen to employ and maintain after diagnosis of the disease. To address this inconsistency and provide evidence-based guidelines for treatment of IMHA in dogs, we identified and extracted data from studies published in the veterinary literature. We developed a novel tool for evaluation of evidence quality, using it to assess study design, diagnostic criteria, explanation of treatment regimens, and validity of statistical methods. In combination with our clinical experience and comparable guidelines for humans afflicted with autoimmune hemolytic anemia, we used the conclusions of this process to make a set of clinical recommendations regarding treatment of IMHA in dogs, which we refined subsequently by conducting several iterations of Delphi review. Additionally, we considered emerging treatments for IMHA in dogs and highlighted areas deserving of future research. Comments were solicited from several professional bodies to maximize clinical applicability before the recommendations were submitted for publication. The resulting document is intended to provide clinical guidelines for management of IMHA in dogs. These guidelines should be implemented pragmatically, with consideration of animal, owner, and veterinary factors that may vary among cases.

Abbreviations: aPTT, activated partial thromboplastin time; BHS, bovine hemoglobin solution; DIC, disseminated intravascular coagulation; Hct, hematocrit; IMHA, immune-mediated hemolytic anemia; IVIG, intravenous immunoglobulin; pRBC, packed red blood cells; RBC, red blood cell; RCT, randomized controlled trial; TDM, therapeutic drug monitoring; TPMT, thiopurine methyltransferase; UFH, unfractionated heparin.

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KEYWORDS

AIHA, azathioprine, canine, cyclosporine, guideline, IMHA, mycophenolate mofetil, prednisolone

1 | INTRODUCTION

Despite recognition as a disease of dogs in 1957, immune-mediated hemolytic anemia (IMHA) continues to claim the lives of up to half of affected dogs.¹⁻³ It is a prominent problem in a number of popular breeds, including Cocker and Springer Spaniels, Old English Sheepdogs, Bichon Frises, Bearded and Rough-coated Collies, Poodles, and Flat-coated Retrievers.⁴ Treatment relies on nonspecific immune suppression by glucocorticoids to control autoimmune responses targeting red blood cell (RBC) antigens.^{3,5} Immunosuppressive treatment is associated with a number of adverse effects that contribute to patient morbidity, both by virtue of the drugs used and the prolonged duration of treatment. In an endeavor to augment immunosuppression, and allow more rapid initial disease control and tapering of the glucocorticoid, a number of second-line drugs have made their way into routine treatment of dogs with IMHA, including azathioprine, cyclosporine, and mycophenolate mofetil.^{2,5-7} Little consensus exists on either the specific drug or combination of drugs to use, or their dosages in individual patients.

A second component of treatment of IMHA in dogs is inhibition of thrombosis, in particular pulmonary thromboembolism, which is a prominent cause of morbidity and mortality.⁸⁻¹⁰ Various thromboprophylactic regimens have been recommended, but overall consensus on the optimal drug, or drugs, to administer in these cases has remained elusive.^{7,11} Furthermore, a number of supportive treatment strategies, such as blood transfusion, gastroprotectants, and antimicrobial drugs, are administered on a case-by-case basis, often without clear consensus on when and how they should be used. Emerging modalities offer promise for more targeted, rapid, or durable treatment responses for IMHA in dogs in the future, but there is an immediate need to provide therapeutic guidelines for currently available drugs.

The objective of this Consensus Statement therefore is to present recommendations for the treatment of IMHA in dogs, considering all of the available evidence as well as expert opinion. It focuses on immunosuppressive and thromboprophylactic drugs, but also considers supportive and emerging treatment modalities, during both the initial stabilization of patients and their long-term management. It also provides recommendations for future research in this area.

2 | MATERIALS AND METHODS

An extended methods section is available in Supporting Information S1.

2.1 | Scope of the work

Consensus statements are intended to produce clinical guidelines on contentious topics, particularly when a paucity of published data is available to inform clinical decisions. Such guidelines are produced

when a panel of qualified individuals reaches agreement using whatever resources are available to them. In approaching this work, we chose to conduct a systematic review of epidemiological evidence investigating associations between therapeutic interventions and outcome in dogs with IMHA but, where published data were lacking, we also decided to take advantage of clinical experience, guidelines used in human medicine, and experimental studies. Our recommendations are intended to act as guidance for clinicians managing dogs with IMHA and should be implemented with consideration of patient, client, and veterinary factors that may vary among cases.

2.2 | Literature review

We searched 3 scientific databases (MEDLINE/PubMed, ISI Web of Science [Core Collection and BIOSIS Citation Index], and CAB Abstracts) in December 2017 using search strategies shown in Supporting Information S1. We excluded all references published before 1980, but included those published in languages other than English. All references were copied to reference management software (EndNote X8; Clarivate Analytics, Philadelphia).

2.3 | Curation of records

We removed duplicate records and then scanned the remaining abstracts to remove references that did not provide information on IMHA, did not contain primary data, reported data from a species other than the dog, described data from <5 dogs, or were duplicated in a later study. We obtained the full text of the remaining references and excluded those not providing information on therapeutic interventions and at least 1 direct outcome measure for dogs with primary IMHA. A total of 46 papers remained after this process, to which a newly published paper was added in March 2018. Of these 47 references, 7 were translated into English (from German, $n = 6$; and French, $n = 1$). The process used to curate references is illustrated in Figure 1.¹²

2.4 | Quality assessment

We designed a novel quality assessment and data extraction tool for those studies investigating the effect of ≥ 2 therapeutic interventions on outcome in dogs with IMHA; studies describing a single intervention were categorized as "descriptive association only." The quality assessment tool included 4 domains intended to assess the rigor of study design, diagnostic criteria for IMHA, explanation of treatment protocols, and validity of statistical methods. An additional domain related to masking, randomization, and intention-to-treat analysis was included for randomized controlled trials (RCTs), and the fragility index was calculated if sufficient data were available and for studies reporting

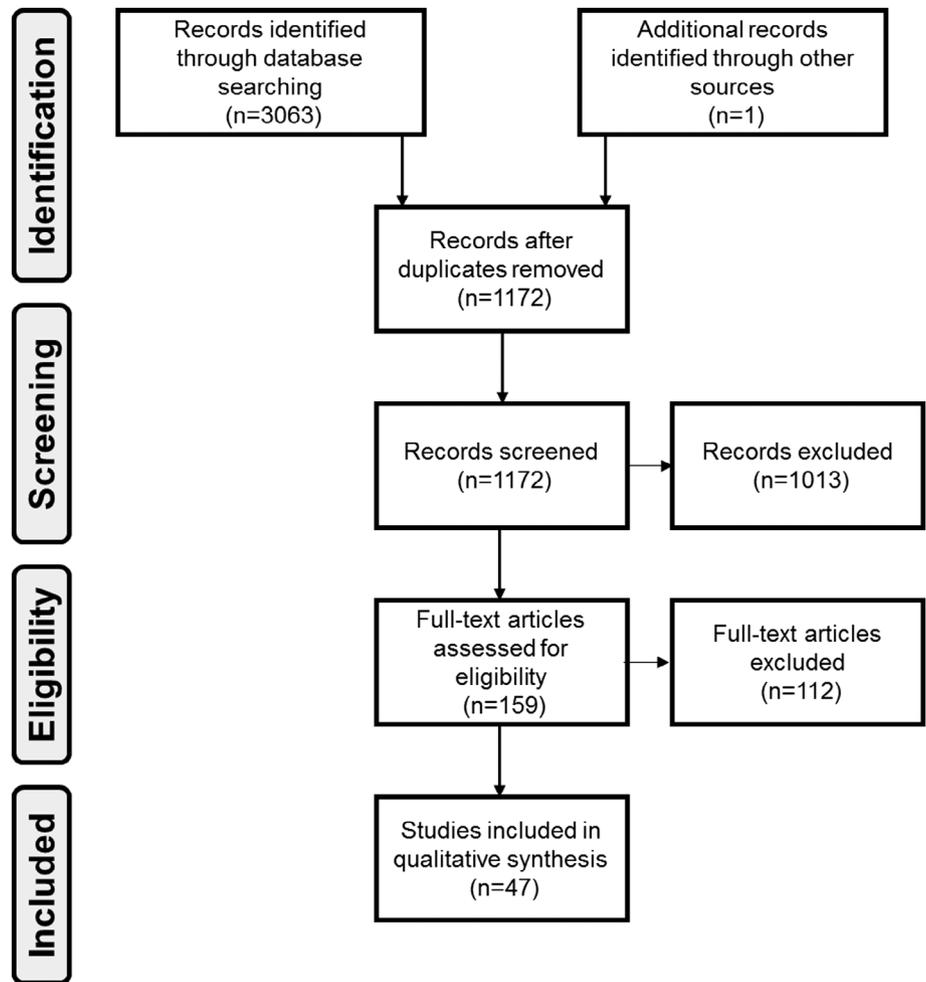


FIGURE 1 Flow diagram indicating flow of information used in the systematic review. Diagram produced using the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement¹²

a significant difference in a binary outcome (ClinCalc Fragility Index Calculator. 2019. <https://clincalc.com/Stats/FragilityIndex.aspx>. Accessed July 2, 2018).¹³ The treatment protocols, major outcome measures, and results of any statistical tests also were recorded for each paper. The tool was tested by all members of the panel using the same 2 papers, from which feedback informed the final version (shown in Supporting Information S2).

The papers for review were assigned randomly to members of the panel, such that each paper was reviewed by 2 different panel members; no panel member reviewed a paper to which they had contributed. Where differences were identified between the 2 reviewers of a paper, these were resolved by consensus before all of the results were pooled into a single spreadsheet (Supporting Information S3). Variation in statistical methods and outcome measures precluded quantitative meta-analysis.

The quality scores for individual questions within each domain were summated to produce scores for this domain for each paper; results of these assessments are shown in Figures 2, 4, 5, and 8, with associated summaries in Tables 1, 3–5.

2.5 | Delphi process

Each panel member drafted initial recommendations, with reference to the results of the quality appraisal; these were assembled to

produce a working template for the Consensus Statement. The draft recommendations then were subjected to 4 rounds of Delphi review in their entirety, using an anonymized online questionnaire (Survey Monkey, San Mateo, California). At the conclusion of each round, suggestions were incorporated into the working template by 1 facilitator, and a transcript of all written comments was provided to each panel member. After 3 rounds of review, several outstanding differences were resolved in a meeting of all panel members before the recommendations were presented at the American College of Veterinary Internal Medicine (ACVIM) Forum on June 14, 2018 in Seattle, Washington.

2.6 | Determination of the strength of recommendations

The template outlined in the Grading of Recommendations Assessment, Development and Evaluation (GRADE) guidelines^{28,29} (shown in Supporting Information S1) was used to classify the strength of each recommendation as either “weak” or “strong.” To achieve this objective, every panel member assessed each recommendation according to 4 domains: balance of expected beneficial and harmful effects, strength of evidence, expected stakeholder values and preferences, and expected cost. Recommendations were considered “strong” if ≥ 5 panel members reached

this decision; all other recommendations were considered “weak.” The decisions of panel members are shown in Supporting Information S1.

All “strong” recommendations were phrased with the conjugated verb “we recommend,” whereas “weak” recommendations were phrased with “we suggest.”

2.7 | Production of the Consensus Statement

The working document was further edited to incorporate comments generated during oral presentation, before submission to ACVIM for review by all members. The draft Consensus Statement also was submitted to the European College of Veterinary Internal Medicine, American College of Veterinary Emergency and Critical Care, and European College of Veterinary Emergency and Critical Care for solicitation of comments from members. Feedback from these specialist colleges was used by the panel members to modify the Consensus Statement, producing a final version that was submitted to the *Journal of Veterinary Internal Medicine*.

In the text of the Consensus Statement, we make specific recommendations, followed by the strength of recommendation and our rationale. We have applied the principles of evidence-based medicine, but in all cases expert opinion, coupled with inferences from parallel data from human medicine (when available³⁰), was an integral part of the process.

3 | RESULTS AND RECOMMENDATIONS

3.1 | Timing of treatment

1. We recommend introducing immunosuppressive interventions after all diagnostic samples have been collected, provided doing so does not unduly delay institution of treatment.

Strength of recommendation: Strong

Rationale

There is limited evidence to suggest that treatment with prednisone for variable periods of time will not affect the result of a direct antiglobulin test,³¹ but the effect of other immunosuppressive drugs on this and other tests has not been investigated in dogs. Administration of some drugs, particularly glucocorticoids, may limit the ability to detect underlying diseases, such as lymphoma. Therefore, diagnostic evaluation should be expedited in cases in which underlying cancer or infectious diseases are suspected. Further guidance is available in the Consensus Statement on Diagnosis of Immune-Mediated Hemolytic Anemia in Dogs and Cats.³²

3.2 | Blood typing and cross-matching

An expanded version of this section, with further commentary and discussion of underlying evidence, is available in Supporting Information Appendix A1.

2. We recommend that clinicians consider the effect of autoagglutination on the results of cross matching and blood typing, and seek guidance from manufacturers of test kits.

Strength of recommendation: Strong

3.3 | Blood transfusion and blood products

3. We recommend administering packed red blood cells (pRBC) when dogs with IMHA display clinical features attributable to decreased tissue oxygen delivery. If pRBC are not available, administration of whole blood is a reasonable alternative.

Strength of recommendation: Strong

Rationale

Review of the literature did not identify any studies reporting an association between the number or volume of pRBC or whole blood transfusions with mortality in dogs with IMHA. The decision to transfuse should depend on factors specific to the individual patient, including severity of clinical signs, blood lactate concentration at rest,³³ normal PCV/hematocrit (Hct) expected in the breed, speed of onset of anemia, and availability of patient monitoring and supportive care. The PCV to trigger transfusion for a sighthound with acute onset disease therefore would be higher than for a Labrador Retriever with insidious onset anemia, and transfusion would be considered earlier for a patient with progressive anemia that cannot be hospitalized for intensive monitoring. In the absence of clinical signs, some (2/8) panel members recommended transfusing dogs with a PCV/Hct <12%, whereas the remainder of the panel did not have a numerical trigger. Dogs with IMHA typically are euvolemic, making pRBC preferable to whole blood because the plasma provides no added benefit, increases the risk of volume overload, and may increase the risk of transfusion reaction.

4. Fresh pRBC, ideally no older than 7-10 days, are recommended for use in dogs with IMHA. If these are not available, older units may be used but may be associated with a greater risk of complications and increased mortality.

Strength of recommendation: Strong

Rationale

Increasing age of pRBC was associated with increased risk of mortality in dogs with hemolysis, of which 90% were reported to be dogs with IMHA.³⁴ The conclusion of this retrospective study was limited by the absence of information on diagnosis of IMHA and a lack of methodologic detail on statistical analysis. A more recent retrospective study also reported an increased risk of hemolytic transfusion reactions with increasing age of the transfused pRBC.³⁵

5. We recommend administering pRBC or whole blood in preference to bovine hemoglobin solutions (BHS).

Strength of recommendation: Strong

Rationale

Administration of products containing intact erythrocytes represents a more physiologic solution for improving oxygen-carrying capacity in dogs for several reasons. First, BHS scavenge nitric oxide, potentially activating platelets and causing vasoconstriction, which increases risk of hypertension.³⁶ Second, BHS exert a greater colloid osmotic (oncotic) pressure than do RBCs, increasing the risk of intravascular volume expansion and hypertension.³⁷ Transfused RBCs also are likely to have a longer circulating half-life than BHS, although the half-life of transfused RBCs is difficult to estimate in dogs with active hemolysis.³⁸

Furthermore, in 1 study, administration of a BHS (HB-200) was associated with an increased relative risk of mortality.¹⁸ Whether this increased risk was because of the solution itself or confounding factors, such as variation in disease severity between treatment groups, was unclear. Only a single direct comparison of BHS and pRBC has been undertaken in dogs during an RCT comparing administration of the 2 products for stabilization of dogs with babesiosis. No difference in recovery of acid/base and perfusion variables was found, but those dogs receiving pRBC had a faster clinical recovery.³⁹

In conclusion, BHS could be administered if pRBC or whole blood are not available. However, BHS currently is unavailable in many countries, including the United States.

- We do not recommend administering fresh frozen plasma routinely to dogs with IMHA.

Strength of recommendation: Strong

Rationale

Features of disseminated intravascular coagulation (DIC) have been described in up to 45% of dogs with primary IMHA; DIC therefore has been suggested as a risk factor for thromboembolic disease.^{8,40–42} Based on guidelines in human medicine, there is little indication for plasma transfusions in nonhemorrhagic DIC patients not requiring invasive procedures.⁴³ Similarly, as summarized below and in Table 1 and Figure 2, clinical data do not support routine administration of plasma to dogs with IMHA.

In addition to standard treatment (including other blood products, heparin, and immunosuppressive drugs), administration of a single dose of fresh frozen plasma to dogs with IMHA did not decrease mortality or occurrence of thromboembolic events, or produce any improvement in plasma antithrombin concentration.¹⁵ The conclusion of this study is subject to bias because it compared cohorts that were separated in time. A further study reported that the volume of plasma administered to survivors at 14 days after diagnosis.¹⁴ The authors concluded that administration of plasma was unlikely to be the cause of death because this association probably was confounded by other factors, including coagulation status of the dogs and prevalence of DIC.

TABLE 1 Summary of studies investigating the use of blood products in dogs with immune-mediated hemolytic anemia (IMHA)

Reference	Study design	Number of dogs with IMHA	Treatment groups	N	Outcomes	Method of statistical comparison	Statistical measure	Confidence interval	P value
Griebsch et al (2010) ¹⁴	Retrospective case control	37			Plasma volume administered	Mann-Whitney U test for plasma volume	^a	-	≤.001
Thompson et al (2004) ¹⁵	Retrospective cohort study	26	1: Survived to 14 days after diagnosis	4	Median 9 mL/kg	Mortality at discharge or shortly after	^a	-	.23
			2: Died within 14 days of diagnosis	8	Median 15 mL/kg				
			1: Prednisone (2 mg/kg PO q12h), UFH (100 U/kg SC q6h), ± azathioprine (2 mg/kg PO q24h)	13	31%	Mortality at 12 months			46%
			2: As above, with fresh frozen plasma (10 mL/kg IV over 2 hours)	13 ^b	38%				

Abbreviation: UFH, unfractionated heparin.

^aNot stated.

^bThis was a historical control population.

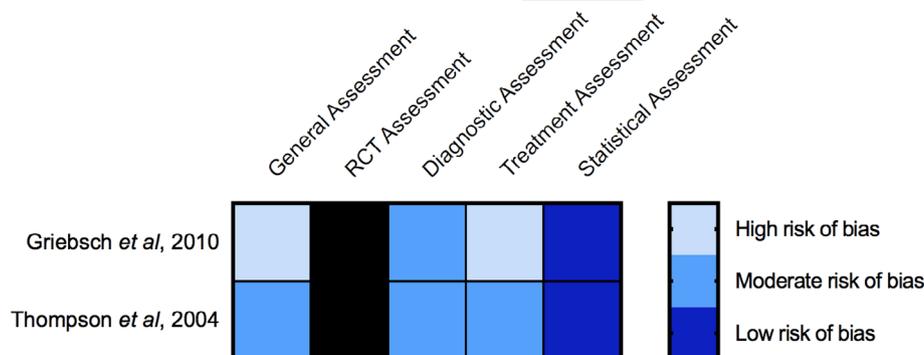


FIGURE 2 Results of evidence quality assessment for studies investigating the use of blood products in dogs with immune-mediated hemolytic anemia (IMHA). RCT, randomized controlled trial

3.4 | Immunosuppressive treatment

Our recommended approach is summarized in Figure 3. Failure to respond to treatment as expected should prompt consideration of whether criteria for diagnosis of nonassociative (primary) IMHA have been fulfilled, as outlined in the Consensus Statement on Diagnosis of Immune-Mediated Hemolytic Anemia in Dogs and Cats.³²

- We recommend that prednisolone or prednisone at an initial PO dosage of 2-3 mg/kg/day, or 50-60 mg/m²/day for dogs >25 kg, be introduced after a diagnosis of IMHA has been reached. The drug may be administered as a single daily dose or divided into 2 daily doses. Dexamethasone (0.2-0.4 mg/kg/day) may be administered IV on a temporary basis if the patient initially will not tolerate PO drug treatment.

Strength of recommendation: Strong

Rationale

The dosage range for prednisone or prednisolone is based on review of published literature and clinical experience, with some panel members (2/8) recommending that the initial dosage of prednisone or prednisolone not exceed 2 mg/kg/day, or 40 mg/m²/day for dogs >25 kg, owing to the risk of more severe adverse effects with higher dosages. Review of published literature, including a study population treated with prednisolone alone, indicated an initial response rate of approximately 80%, but did not find any evidence to suggest that IV dexamethasone is superior to PO prednisone or prednisolone.^{2,5,18-21,24,25,44-46} Studies supporting previous statements that prednisolone may be more effective⁴⁷ or less irritating to the gastrointestinal tract⁴⁸ if given twice daily currently are lacking. Human medical literature suggests that once daily administration may be associated with fewer adverse mineralocorticoid effects.⁴⁹

- If the starting dosage of prednisone or prednisolone is >2 mg/kg/day, we recommend that it be decreased to ≤2 mg/kg/day within the first 1-2 weeks of treatment, provided the dog is responding to treatment, as demonstrated by a stable or increasing PCV/Hct.

Strength of recommendation: Strong

Rationale

This recommendation is based on clinical experience, suggesting that more severe adverse effects are observed if high dosages of glucocorticoids are used for prolonged periods.

- We suggest that a second immunosuppressive drug may be introduced in any dog from the outset of treatment in an effort to decrease the dosage of glucocorticoid required. In particular, we suggest treating with 2 immunosuppressive drugs in the following situations:
 - The dog has clinical features at presentation consistent with severe or immediately life-threatening disease.
 - The PCV/Hct does not remain stable, with an absolute decrease of ≥5% within 24 hours, during the first 7 days of treatment with a glucocorticoid drug as described in #7 above.
 - The dog has continued to be dependent on blood transfusions after 7 days of treatment as described in #7 above.
 - The dog develops or, based on previous treatment, is expected to develop severe adverse effects related to the use of glucocorticoids at any time during its treatment. This is of particular relevance for dogs >25 kg in body weight.

Strength of recommendation: Weak

Rationale

These recommendations are largely based on clinical experience of the panel. The decrease of 5 percentage points in PCV/Hct (eg, from 25% to 20%) is intended to account for variations in these variables because of changes in hydration status or measurement error. Definitions of "steroid failure" are modified from several studies suggesting a poor response if an unstable PCV/Hct or persistent agglutination remain after 7-14 days.^{8,15,26,27,50} We recommend introducing 2 drugs in dogs with severe disease from the outset because some dogs may show an inadequate response to a single agent. Introducing 2 drugs simultaneously increases the chance that an individual dog with life-threatening disease will receive a drug to which it will show a favorable response in the critical early phase of treatment. Numerous studies have evaluated possible prognostic factors for dogs with IMHA, either by exploring associations between survival and a single candidate variable, or by constructing a multivariable model to account for possible confounding factors. Among the latter models, increased serum bilirubin concentration (or clinical icterus) and increased serum urea or BUN concentration were identified

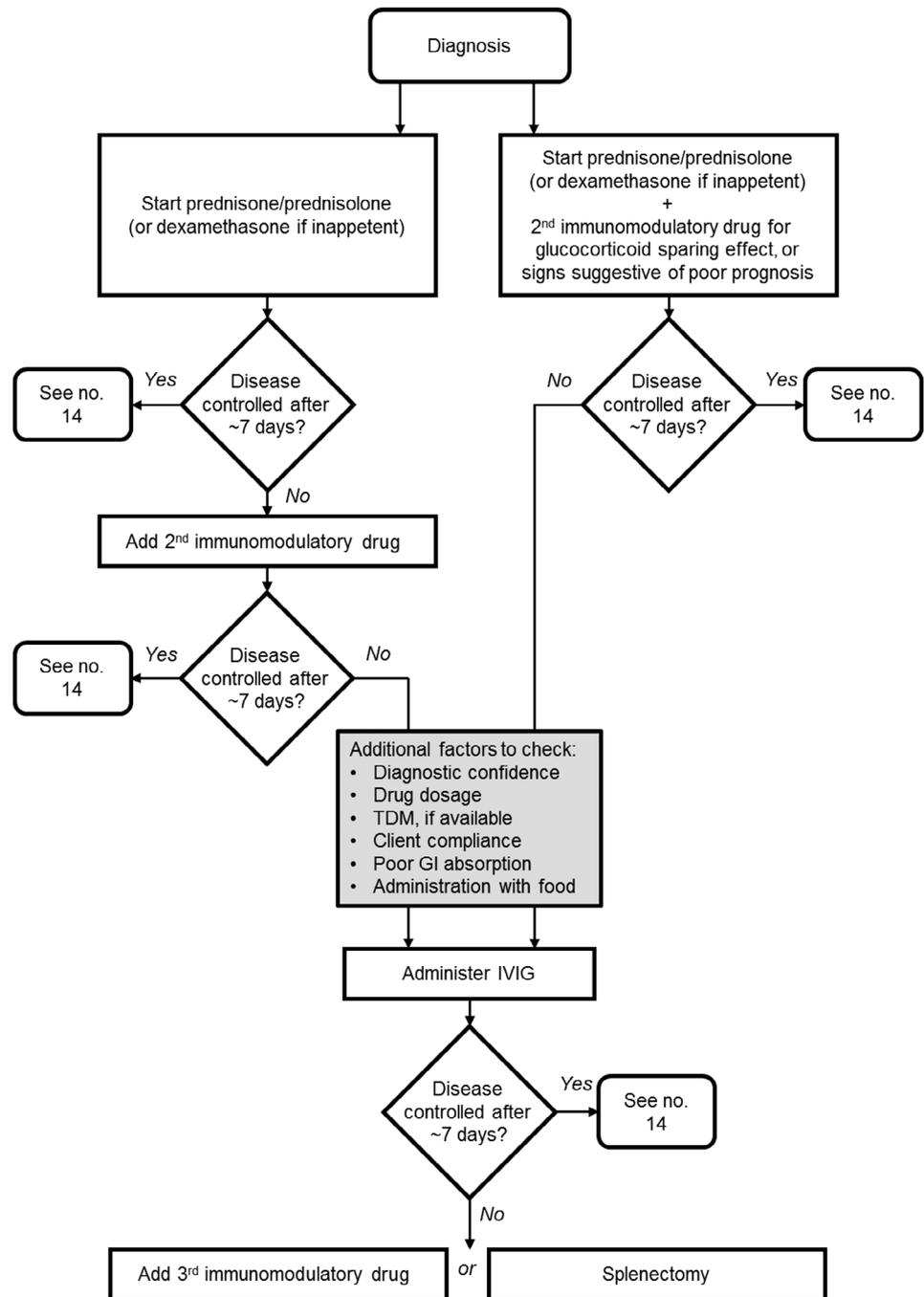


FIGURE 3 Flow diagram showing recommended approach for initial treatment of dogs with immune-mediated hemolytic anemia (IMHA). IVIG, intravenous immunoglobulin; TDM, therapeutic drug monitoring. Various outcomes make reference to Consensus Summary Statement #14, to which the reader is referred for further information

as independent predictors of mortality in 2 studies of different patient populations.⁵¹ Both prognostic factors subsequently were identified by a further study of dogs with IMHA in the United Kingdom.⁵² We suggest therefore that evaluation of serum bilirubin and urea concentrations may be of greatest utility in predicting outcome for dogs with IMHA (published values shown in Table 2), although several other factors have been identified as single predictors.⁵³

10. Where a second drug is administered for treatment of IMHA in dogs, we suggest 1 of the following options (listed in alphabetical order):

- Azathioprine: 2 mg/kg or 50 mg/m² PO q24h. After 2-3 weeks, the dosing interval may be increased to every other day until treatment is discontinued.
 - Cyclosporine: 5 mg/kg PO q12h. Adjustment of this dosage may be guided by therapeutic drug monitoring (TDM) (see recommendation #28).
 - Mycophenolate mofetil: 8-12 mg/kg PO q12h
- If these drugs are not available or tolerated, the following drug may be used, but its use is supported by less evidence than those listed above:

TABLE 2 Summary of studies reporting serum bilirubin and urea/blood urea nitrogen concentrations as prognostic factors for mortality in dogs with immune-mediated hemolytic anemia (IMHA)

Reference	Number of dogs with IMHA	Number of dogs included in analysis	Outcome measure	Analysis method	Prognostic factor	Hazard/odds ratio	95% confidence interval	P value	Median in survivors (IQR ^d)	Median in non-survivors (IQR ^d)
Coggs et al (2015) ⁵²	276	^a	Mortality at discharge (all-cause mortality)	Multivariable logistic regression	Bilirubin ^b	1.010	1.003-1.017	<.01	0.76 mg/dL (0.44-1.87) ^e	5.09 mg/dL (1.58-23.88) ^e
					Urea ^b	3.046	1.592-5.830	<.01	41.4 mg/dL (30.0-58.9) ^e	59.2 mg/dL (43.2-94.3) ^e
					ASA status ≥ 3	2.709	1.068-6.870	.04	3 (2-3) ^e	3 (3-3) ^e
	276	^a	Mortality at 30 days (all-cause mortality)	Multivariable logistic regression	Bilirubin ^b	1.009	1.002-1.016	.01	0.85 mg/dL (0.46-1.87) ^e	3.60 mg/dL (0.80-14.80) ^e
					Creatinine ^b	8.996	1.537-52.672	.02	0.72 mg/dL (0.61-0.86) ^e	0.80 mg/dL (0.59-1.07) ^e
					ASA status ≥ 3	2.173	1.020-4.629	.04	3 (2-3) ^e	3 (3-3) ^e
Piek et al (2011) ²	222	164	Survival time (death because of IMHA)	Cox proportional hazards analysis	Icterus	2.94	1.60-5.42	.0005	^a	^a
					Urea (>56 mg/dL)	2.56	1.729-3.789	.0001	^a	^a
					Spherocytosis	0.38	0.20-0.72	.002	^a	^a
Reimer et al, (1999) ²⁰	70	^a	Survival time (all-cause mortality)	Cox proportional hazards analysis	Bilirubin	^a	^a	.0003	^a	^a
					ALP ^c activity	^a	^a	.02	^a	^a
Swann and Skelly (2011) ⁵	42	34	Survival time (all-cause mortality)	Cox proportional hazards analysis	Bilirubin	1.014	1.003-1.024	.010	0.71 mg/dL (SD 2.80) ^f	2.13 mg/dL (SD 3.03) ^f
					Urea	1.211	1.073-1.367	.002	36.3 mg/dL (SD 25.9) ^f	61.0 mg/dL (SD 38.4) ^f

Abbreviation: ASA, American Society of Anaesthesiologists.

^aNot stated.^bIndexed to upper reference limit for each center.^cAlkaline phosphatase (ALP).^dInterquartile range.^eCalculated from Data S1.^fFor dogs that did and did not survive to discharge; interquartile ranges (IQRs) not reported.

- o Leflunomide: 2 mg/kg PO q24h. Adjustment of this dosage may be guided by TDM (see recommendation #28).

Strength of recommendation: Weak

Rationale

The benefit of adding a second drug has not been established. Case selection bias probably exists in the available (primarily retrospective) studies, with more severely affected patients often receiving additional immunosuppressive treatment. Prospective studies to establish definitively the superiority of any of the second-line immunosuppressive treatments are lacking. A summary of our review of studies comparing ≥ 2 treatment protocols for dogs with IMHA is shown in Table 3, with appraisal of the evidence quality of these articles in Figure 4.

Azathioprine Two previous studies suggested that administration of azathioprine may be associated with a more favorable outcome.^{16,17} In the first, a retrospective cohort study, inclusion of azathioprine in the treatment regimen alongside prednisone and cyclophosphamide was associated with improved survival using Kaplan-Meier analysis with log rank test.¹⁶ However, this conclusion was limited by incomplete information on the treatment protocols (Figure 4). In the second, a case series of dogs with IMHA and severe thrombocytopenia, dogs that received azathioprine (in combination with other drugs) were 4.27 times more likely to survive to 30 days after initiation of treatment compared to dogs that did not receive the drug, although the authors speculated that administration was more likely to have been a marker of survival (because dogs survived long enough to receive a second agent) than its cause.¹⁷ This study was limited by incomplete presentation of survival information for each group (Table 3). Two further studies have suggested a possible favorable effect of azathioprine on survival, but associations between drug and outcome were limited in both analyses by the small numbers of patients (Table 3).^{5,20} A final study reported no difference in outcome between dogs treated with azathioprine and prednisolone compared to a historical control population that received prednisolone alone.² Although the appraisal of this study was relatively favorable (Figure 4), the conclusion may be biased because the 2 cohorts of dogs were separated in time and differed with respect to other variables that the authors previously had identified as markers of a poor prognosis.⁵⁴

Cyclosporine Administration of cyclosporine to dogs with IMHA is reported in numerous studies.^{5,7,18,26,27,52,55} In 1 retrospective cohort study, the use of cyclosporine (in combination with other drugs) did not change the relative risk of death compared to all other treatment protocols that excluded the drug, although this study was limited by incomplete description of the treatment regimens (Figure 4).¹⁸ A further retrospective study found no difference in mortality at 1 month or 1 year after diagnosis in dogs treated with prednisolone alone and those treated with prednisolone and cyclosporine, although this study also was limited by incomplete description of treatment regimens and less rigorous inclusion criteria (Figure 4).⁵ A double-masked

randomized clinical trial comparing prednisone alone to prednisone and cyclosporine for treatment of dogs with IMHA was reported in abstract form only, but found no difference in survival between groups.⁵⁶

Mycophenolate mofetil Use of mycophenolate has been reported in several recent studies.^{6,23,27,50,52,55} One study documented similar efficacy of a protocol combining mycophenolate with prednisone compared to prednisone combined with another immunosuppressive drug (azathioprine or cyclosporine) for treating IMHA (Table 3), although this was a retrospective cohort study, with no randomization of dogs to either treatment regimen and with undetermined statistical power for comparison of outcome between treatment groups (Figure 4).⁶

Leflunomide Leflunomide is reported for the treatment of various refractory immune-mediated diseases in dogs, including IMHA,⁵⁷ and as a second-line drug for the treatment of IMHA.^{27,55,58} No prospective or retrospective studies have compared its efficacy to other, more commonly used, second drugs, or to prednisone or prednisolone alone.

11. We recommend that cyclophosphamide not be administered to dogs with IMHA.

Strength of recommendation: Strong

Rationale

Review of published literature found evidence that cyclophosphamide treatment offered no benefit over treatment with glucocorticoids alone, and even could be detrimental to long-term prognosis.¹⁸⁻²⁰ However, 1 study was limited by the absence of a sample size calculation and by failure to report any statistical comparison of survival in the 2 treatment groups (Table 3, Figure 4).¹⁹ A retrospective cohort study also was limited by lack of information on possible variability in enrolled cases and by incomplete information relating to treatment regimens (Figure 4).¹⁸

12. Administration of IV immunoglobulin (IVIG) at a dosage of 0.5-1 g/kg as a single infusion may be considered as a salvage measure in dogs not responding to treatment with 2 immunosuppressive drugs, but we do not recommend it for routine treatment.

Strength of recommendation: Strong

Rationale

Administration of IVIG may appear to be an attractive prospect because it is suggested to act quickly, but several studies showed no effect of this treatment on survival when compared to other immunosuppressive regimens in dogs with IMHA (Table 4).^{18,21-25,59} The design and risk of bias varied among these studies, but all supported the same conclusion (Figure 5). Studies have indicated that administration of IVIG may be associated with more rapid recovery of a

TABLE 3 Summary of studies investigating the use of immunosuppressive drugs in dogs with immune-mediated hemolytic anemia (IMHA)

Reference	Study design	Number of dogs with IMHA	Treatment groups	N	Outcomes	Method of statistical comparison	Statistical measure	Confidence interval	P value
Burgess et al (2000) ¹⁶	Retrospective cohort study	60	1A: Prednisone (2.2-4.4 mg/kg/d) and cyclophosphamide (50 mg/m ² /d for 4 days) 1B: Prednisone (2.2-4.4 mg/kg/d) and cyclophosphamide (200 mg/m ² once then 50 mg/m ² /d for 3 days)	41 ^a 9 ^a	Median survival time	Kaplan-Meier with log rank test Group 1A compared to 1B	^a	^a	NS
Goggs et al (2008) ¹⁷	Retrospective cohort study	21	2A: Prednisone (2.2-4.4 mg/kg/d) and cyclophosphamide (either of the protocols in groups 1A and B, or a different protocol) 2B: Azathioprine (dose not stated) in combination with prednisone and cyclophosphamide	47 13	9 days 370 days	Group 2A compared to 2B	^a	^a	.02
Goggs et al (2008) ¹⁷	Retrospective cohort study	21	1: Glucocorticoid alone (n = 5), glucocorticoid and vincristine (n = 4), or other combination (n = 5) 2: Glucocorticoid, azathioprine (median 2 mg/kg/d), vincristine (n = 3) and IVIG (n = 1)	14 ^a 7 ^a	Mortality at 30 days	Odds of survival	-	-	-
Grundy and Barton (2001) ¹⁸	Retrospective cohort study ^c	88				Relative risk of mortality	Relative risk of mortality	1.41-12.9	<.05

(Continues)

TABLE 3 (Continued)

Reference	Study design	Number of dogs with IMHA	Treatment groups	N	Outcomes	Method of statistical comparison	Statistical measure	Confidence interval	P value
Reimer et al (1999) ²⁰	Retrospective cohort study	70			Median survival time	Kaplan-Meier ^h			
			1: Prednisone only (average for all dogs 1.9 mg/kg q24 or q12h)	16	57 days	Mean survival time		a	P = .0001 for overall difference between groups ⁱ
			2: Prednisone and cyclophosphamide (average for all treated dogs 2.4 mg/kg/d)	28	28 days	215.4 days			
			3: Prednisone and azathioprine (average for all treated dogs 1.7 mg/kg/d)	5	974 days	931 days			
			4: Prednisone, cyclophosphamide, and azathioprine	16	15 days	779.3 days			
Swann and Skelly (2011) ⁵	Retrospective cohort study	42			Median survival time	Chi-squared test for mortality at discharge, 1 month and 1 year			P = .03 for overall difference between treatment groups at discharge ^l , P values not stated for other comparisons
			1: Prednisolone (mean 1.65 mg/kg/d)	11	452 days	Mean survival time			
			2: Prednisolone (mean 2.57 mg/kg/d), azathioprine (1.8 mg/kg/d), and IVIG (n = 1)	9	194 days	360 days			
			3: Prednisolone (mean 2.35 mg/kg/d), cyclosporine (5 mg/kg q12h), cyclophosphamide (n = 2), and IVIG (n = 3)	17	9 days	158 days			

(Continues)

TABLE 3 (Continued)

Reference	Study design	Number of dogs with IMHA	Treatment groups	N	Outcomes	Mortality at 1 month	Mortality at 2 months	Method of statistical comparison	Statistical measure	Confidence interval	P value
Wang et al (2013) ^c	Retrospective cohort study	52	1: Prednisone (2.9 mg/kg/d or dexamethasone 0.4 mg/kg/d) and cyclosporine (10.6 mg/kg/d, n = 15) or (azathioprine 1.9 mg/kg/d, n = 6), or IVIG (0.5 g/kg, n = 1)	22	Mortality at discharge	30%	33%	Chi squared or Fisher's exact test for mortality at discharge, 1 month, and 2 months			P = .27 at discharge, P = .52 at 1 month, P = 1.000 at 2 months)
			2: Prednisone (2.6 mg/kg/d or dexamethasone 0.3 mg/kg/d) and mycophenolate mofetil (20.5 mg/kg/d)	30	9%	14%	33%				

Abbreviation: CRI, constant rate infusion; IVIG, intravenous immunoglobulin.

^aNot stated.

^bThis was a historical control population.

^cIncorrectly described by the authors as a "retrospective cross-sectional study."

^dNo outcome measures reported for each treatment group.

^eGroup 1 is presumed to be the reference group for other comparisons.

^fNo statistical comparison is reported in the paper; the fragility index was not calculated.

^gReference group.

^hStatistical test used not stated.

ⁱInsufficient cases to compare individual groups.

^jInsufficient cases to compare individual groups.

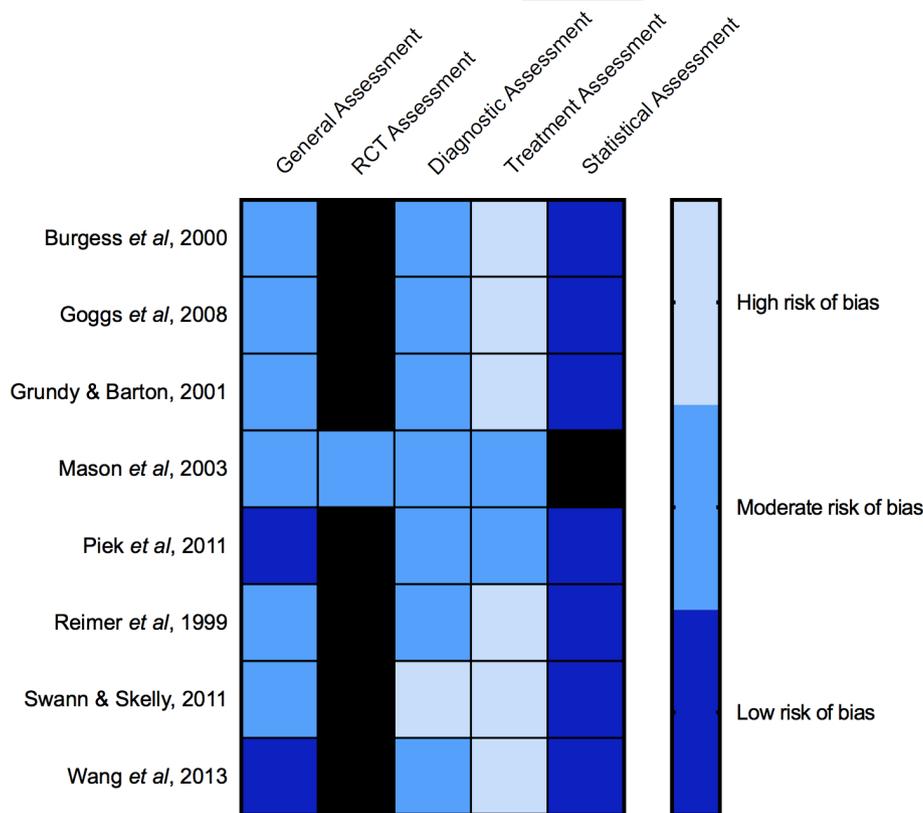


FIGURE 4 Results of evidence quality assessment for studies investigating the use of immunosuppressive drugs in dogs with immune-mediated hemolytic anemia (IMHA). RCT, randomized controlled trial

normal PCV,^{22,60} or a lesser requirement for transfusions,⁶¹ but 2 of these studies did not include a control group,^{60,61} and the other contained a number of statistical anomalies²² (Figure 5). Nevertheless, this evidence base may provide a rationale for use of IVIG as a salvage option in cases unresponsive to the treatments described in recommendations #7-10. In people, the recommended dosage of IVIG is 0.4-0.5 g/kg/day administered for 4-5 days,³⁰ but the efficacy and safety of treatment beyond 3 days has not been assessed in dogs. Availability of IVIG is limited in many countries, and it is expensive. Our recommended approach to management of refractory patients is shown in Figure 3.

13. We suggest that the use of ≥ 3 immunosuppressive drugs at the same time should be avoided.

Strength of recommendation: Weak

Rationale

This recommendation is based on clinical experience suggesting that combinations of ≥ 3 drugs rarely are required for management of IMHA and on published data indicating that some combinations are associated with more severe adverse effects, including an increased risk of opportunistic infections.^{62,63} Also, no published evidence is available to demonstrate that combinations of multiple immunosuppressive drugs are associated with more effective control of disease. Our recommended approach to management of refractory patients is shown in Figure 3. If ≥ 3 drugs are administered simultaneously under this scheme, we recommend using drugs that target different immune

pathways, which would preclude concurrent administration of azathioprine and mycophenolate mofetil.

14. When the PCV/Hct has remained stable and $>30\%$ for 2 weeks after commencing treatment, with improvement in the majority of measures of disease activity (including spherocytosis, agglutination, serum bilirubin concentration, and reticulocyte count), we recommend decreasing the dosage of prednisone or prednisolone by 25%.
If a second drug has been introduced with the aim of limiting glucocorticoid-related adverse effects, the dosage of this drug should not be changed, but a greater reduction in the dose of prednisone or prednisolone (of 25%-50%) may be possible if the dog shows an adequate response to treatment.

Strength of recommendation: Strong

Rationale

This recommendation is based on clinical experience of the panel. One of the 8 panel members suggested that the serum bilirubin concentration should normalize before any dose reduction is made. Alternatively, if a dog is receiving prednisone or prednisolone in combination with another immunosuppressive drug, the dosage of the non-glucocorticoid drug could be decreased in increments before changing the dosage of prednisone or prednisolone if the non-glucocorticoid drug appears to be causing more adverse effects or is associated with unsustainable cost. However, in general, we recommend decreasing the dosage of prednisone or prednisolone first because glucocorticoids are associated with more prevalent and dose-related adverse effects (see recommendation #18 below).

TABLE 4 Summary of studies investigating the use of intravenous immunoglobulin (IVIg) in dogs with immune-mediated hemolytic anemia (IMHA)

Reference	Study design	Number of dogs with IMHA	Treatment groups	N	Outcomes	Method of statistical comparison	Statistical measure	Confidence interval	P value
Gerber et al (2002) ²¹	Retrospective cohort study	22			Mortality at discharge	Chi-squared test for mortality at discharge	^a	^a	NS
			1: Prednisolone (2-4 mg/kg/d)	13	38%				
			2: Prednisolone (2-4 mg/kg/d) ^c and IVIG (0.5-1 g/kg IV, maximum 12 g, at clinician discretion)	9	44%				
Grundy and Barton (2001) ¹⁸	Retrospective cohort study ^k	88			^d	Relative risk of mortality	Relative risk ^h		
			1: Prednisone (1.9 mg/kg/d)	26				^h	
			2: IVIG (mean 1 g/kg IV over 4-24 hours, unknown indication) ± other drugs	7			0.54	0.16-1.77	>.05
Kellerman and Bruyette (1997) ²²	Retrospective cohort study	37			Mortality at discharge	Comparison of survival ⁱ	^a	^a	>.05
			1: Combination of prednisone, azathioprine, and cyclophosphamide	13	23%	PCV response during hospitalization ^f			
			2: As above, with IVIG (0.5 g/kg IV over 4 hours), based on clinician preference	24	8% ^c	40% ^g			
Oggier et al (2018) ²³	Retrospective case series ^b	21			Mortality at 1 year	No statistical comparison reported			
			1: Prednisolone (1.4-4.5 mg/kg/d) or dexamethasone (0.2-1.3 mg/kg/d) and mycophenolate mofetil (10-20 mg/kg/d)	6	33%				
			2: As above, with IVIG (0.26-1.6 g/kg IV) if finances permitted	15	27%				
Park et al (2016) ²⁴	Retrospective cohort study	37			Median survival time	Kaplan-Meier with log rank test	^a	^a	.65

(Continues)

TABLE 4 (Continued)

Reference	Study design	Number of dogs with IMHA	Treatment groups	N	Outcomes	Mortality at 14 days	Mortality at 5 months	Statistical measure	Confidence interval	P value
Whelan et al (2009) ²⁵	Randomized controlled trial	28	1: Prednisolone (2 mg/kg SC then PO q12h)	19	373 days	26%	47%	Chi squared 2.961	a	.08
			2: As above, with IVIG (0.5 g/kg over 6 hours), unknown indication	18	225 days	17%	61%			
			1: Dexamethasone (0.3 mg/kg IV once) then prednisone (3 mg/kg PO q24h)	14	14%	21%	21%		a	NS
			2: As above, with IVIG (0.5 g/kg IV q24h for 3 days)	14	7%	7%	43%			

^aNot stated.

^bTwo cohorts were identified but not compared with respect to survival, hence the description of a retrospective case series.

^cSome dogs received prednisolone sodium succinate or dexamethasone; see Supporting Information S3 for full details.

^dNo outcome measures reported for each treatment group.

^eAssuming "responders" were discharged.

^fIn the subgroup of dogs that had not responded to prednisone alone by 7 days.

^gThis group was reported to contain 4 dogs, so this percentage is not mathematically possible.

^hGroup 1 is presumed to be the reference group for other comparisons.

ⁱStatistical test used not stated.

^jThe manuscript stated that mortality was compared at discharge, 1 month, 1 year, and 2 years, but only a single statistical value was reported, and it is unclear which this referred to.

^kIncorrectly described by the authors as a retrospective cross-sectional study.

General Assessment
RCT Assessment
Diagnostic Assessment
Treatment Assessment
Statistical Assessment

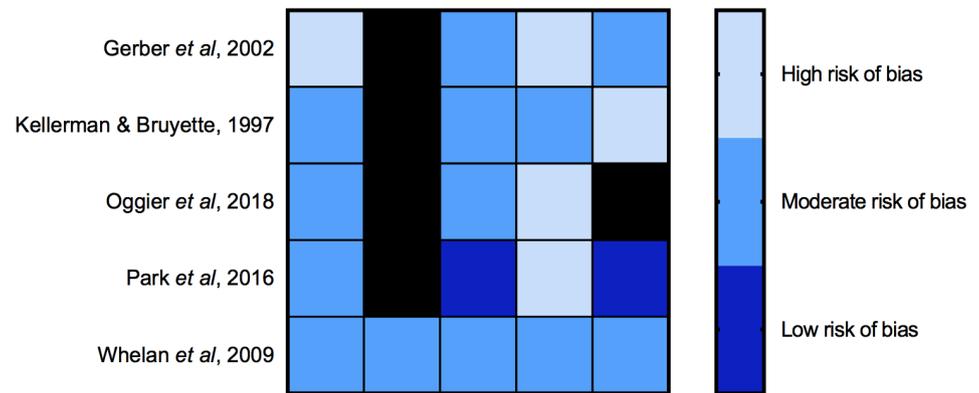


FIGURE 5 Results of evidence quality assessment for studies investigating the use of intravenous immunoglobulin in dogs with immune-mediated hemolytic anemia (IMHA). RCT, randomized controlled trial

15. Provided the PCV/Hct remains stable and >30%, with improvement in the majority of measures of disease activity (including spherocytosis, agglutination, serum bilirubin concentration, and reticulocyte count), we recommend decreasing the dose of prednisone or prednisolone by 25% every 3 weeks.

If a second drug has been introduced with the aim of limiting glucocorticoid-related adverse effects, the dosage of this drug should not be changed, but a greater reduction in the dose of prednisone or prednisolone (of 25%-33%), or a shorter interval between reductions (2 weeks), may be possible if the dog shows a good response to treatment.

A typical duration of 3-6 months of treatment is expected for prednisone or prednisolone in the majority of cases, with an expected duration of 4-8 months for all immunosuppressive treatment.

Strength of recommendation: Strong

Rationale

This recommendation is based on clinical experience of the panel. One of the 8 panel members suggested that the serum bilirubin concentration should normalize before further dose reductions are made.

16. After stopping prednisone or prednisolone, we suggest 1 of the following options in dogs also receiving another immunosuppressive drug:
- Continue to administer the other immunosuppressive drug at the same dosage for 4-8 weeks, then stop without tapering.
 - Taper the dosage of the other immunosuppressive drug in the same way as for the prednisone or prednisolone, as described in #15 above.

Strength of recommendation: Weak

Rationale

This recommendation is based on the clinical experience of the panel, with no published evidence to indicate which approach will result in a better outcome. Among the panel, 4/8 members currently adopt the first approach described above, 3/8 adopt the second approach, and 1/8 stops administering the second immunomodulatory drug at the same time as the prednisone or prednisolone is stopped, without tapering.

17. At a minimum, we recommend assessing the PCV/Hct before any dose reduction to ensure continued response to treatment. These variables should be assessed every 1-3 weeks during treatment. Additional tests to evaluate disease activity, including assessment for spherocytes, agglutination, and increased serum bilirubin concentration, also are recommended periodically to ensure continued response to treatment.

Strength of recommendation: Strong

Rationale

This recommendation is based on clinical experience of the panel.

3.5 | Monitoring for adverse effects associated with immunosuppressive treatment

18. *Glucocorticoids:* We recommend careful physical examination and review of owner observations in dogs receiving glucocorticoids to assess the severity of adverse effects. Urinalysis, with or without bacterial culture, may be considered every 8-12 weeks and is recommended if clinical features suggest urinary tract infection. We recommend obtaining baseline values for biochemical variables that may be affected by glucocorticoids before starting treatment with these drugs or any potentially hepatotoxic drugs.

Strength of recommendation: Strong

Rationale

The high frequency of adverse effects associated with initial immunosuppressive dosages of glucocorticoids in dogs with IMHA, and their potential impact on owner willingness to pursue treatment, should not be underestimated. However, remarkably little information regarding glucocorticoid adverse effects is available in studies of dogs with IMHA, with polyuria and polydipsia reported in 29% of patients receiving glucocorticoids in 1 investigation.⁵

In 1 recent prospective study of dogs with inflammatory bowel disease, the following adverse effects were noted in the group of dogs receiving prednisone (at 1 mg/kg PO q12h): polydipsia (80% of treated dogs), polyuria (70%), excessive panting (55%), and lethargy (30%), with muscle weakness or atrophy, urinary incontinence, and temperament change reported less commonly.⁶⁴ Adverse effects were rated as moderate to severe in 30% of prednisone-treated dogs.⁶⁴ In a different study of dogs with immune-mediated polyarthritides, the following adverse effects were observed in dogs receiving prednisone after 45 days of therapy, after starting treatment at 1 mg/kg twice daily and with doses tapered by 25% every 2-3 weeks when in remission: polydipsia (100% of treated dogs), polyphagia (100%), polyuria (91%), and panting (81%), with an approximately 50% reduction in the prevalence of most of these adverse effects by 3 months.⁶⁵

Other long-term adverse effects include alopecia; thin skin; calcinosis cutis; susceptibility to bruising; muscle atrophy; fat redistribution to the abdomen with a resulting pot-bellied appearance; hepatomegaly; predisposition to pyoderma, demodicosis, and urinary tract infections; and exacerbation of congestive heart failure.⁶⁶ Predisposition to diabetes mellitus and pancreatitis also is suspected to be associated with chronic glucocorticoid treatment.⁶⁷⁻⁶⁹ Commonly observed clinicopathologic abnormalities include a stress leukogram and increased serum alkaline phosphatase (ALP) activity, with occasional polycythemia, thrombocytosis, hyperlipidemia, and hyperglycemia. Similar adverse effects are observed in human patients treated with glucocorticoids.⁷⁰

Subclinical bacteriuria is common in dogs on long-term glucocorticoid treatment, but the clinical relevance of this finding is uncertain,^{71,72} with no published data available to determine whether treating, or not treating, affected dogs will result in a more favorable outcome. Guidelines for treatment of urinary tract infection in dogs suggest antimicrobials could be considered in immunocompromised patients with subclinical bacteriuria because of the risk of ascending or systemic infection,⁷³ although comparable guidelines for human patients refrain from making any recommendation on this topic because of a lack of clinical evidence.⁷⁴ We therefore suggest periodic urinalysis in dogs treated with glucocorticoids, with or without bacterial culture. If clinical signs are observed or an active sediment associated with bacterial growth is found, we recommend appropriate antimicrobial treatment. If bacterial growth without active sediment is found in the absence of clinical signs, we do not make any recommendation regarding treatment, but, if treatment is not implemented, we recommend more frequent review of clinical signs and urinalysis results owing to the risk of ascending infection.

19. *Azathioprine*: We recommend that CBCs and relevant serum biochemical variables (especially alanine aminotransferase [ALT] activity) be monitored every 2 weeks during the first 2 months of treatment, and then every 1-2 months until treatment is discontinued.

Strength of the recommendation: Strong

Rationale

The standard starting dosage of azathioprine (2 mg/kg/day) in dogs usually is well tolerated. Gastrointestinal adverse effects such as nausea, anorexia, vomiting, and diarrhea occasionally are reported but typically are mild and self-limiting. Azathioprine can, however, also cause severe hepatotoxicity or marked myelosuppression in some dogs.^{75,76}

Hepatotoxicity (typically characterized by a reversible increase in serum ALT activity in the absence of clinical signs) occurs in approximately 15% of German Shepherd dogs⁷⁵ and may be more common in German Shepherds. Hepatotoxicity usually develops in the first few weeks of treatment; if the drug is well tolerated for the first 2 to 4 weeks, it tends to be well-tolerated in the long-term.⁷⁵ Glucocorticoid treatment causes increases in serum ALT and ALP activity; the effects of azathioprine therefore may be difficult to distinguish from the effects of glucocorticoids. In general, an increase in ALT activity that approaches or exceeds the magnitude of increase of ALP should prompt concern.

Although marked myelosuppression is uncommon, chronic azathioprine usage sometimes causes mild to moderate poorly regenerative anemia.⁷⁷ Myelosuppression, in contrast to hepatotoxicity, can be delayed and occur months into treatment.^{75,77} Marked myelosuppression and hepatotoxicity appear to be idiosyncratic non-dose-dependent reactions and typically are reversible if the problem is recognized early enough, and azathioprine is discontinued. Several individual case reports also have described pancreatitis in dogs receiving azathioprine, but cause and effect have not been established.^{78,79} Deficiencies in a key enzyme involved in azathioprine metabolism, thiopurine methyltransferase (TPMT), can cause azathioprine toxicity in cats and people. Although TPMT expression in dogs is variable, TPMT deficiency does not appear to be associated with the severe toxicities sometimes seen in dogs.^{76,80}

20. *Cyclosporine*: We recommend that dogs receiving cyclosporine be monitored for gastrointestinal adverse effects and gingival overgrowth. Relevant biochemical variables should be evaluated every 2-3 months owing to the risk of hepatotoxicity in a small proportion of dogs.

Strength of recommendation: Strong

Rationale

Adverse effects are uncommon with cyclosporine treatment in dogs, with the exception of gastrointestinal signs such as vomiting, diarrhea, anorexia, and nausea.⁸¹ Administering the medication frozen or with food can decrease gastrointestinal adverse effects,⁸² although administration with food carries a risk of altering drug absorption profiles.

Uncommonly, cyclosporine may cause idiosyncratic hepatotoxicity, which does not seem to be dose-dependent; gingival hyperplasia and hypertrichosis also have been reported occasionally.⁸³⁻⁸⁷ Nephrotoxicity is a potential problem in people receiving cyclosporine, but clinically relevant renal damage has not been documented in dogs at standard dosages.^{87,88}

An advantage of cyclosporine as an immunosuppressive drug is that it is not myelosuppressive. However, susceptibility to opportunistic infections and subclinical bacteriuria have been reported, particularly in combination with glucocorticoids and other immunosuppressive drugs.^{72,89,90} Cyclosporine is metabolized by the hepatic cytochrome P-450 system; inadvertent drug overdosage therefore is possible if cyclosporine is given concurrently with drugs that inhibit P-450 enzymes. Ketoconazole has been used to decrease PO cyclosporine dosages in dogs by as much as 75%, although individual responses vary.^{91,92} Experimentally, PO cyclosporine increases some markers of platelet activation in normal dogs, which may be a concern in dogs with IMHA, in which hypercoagulability and thromboembolism may be major contributors to patient mortality.⁹³ However, the clinical relevance of this phenomenon remains unclear.

21. *Mycophenolate mofetil*: We suggest that dogs should be monitored for gastrointestinal adverse effects. We also suggest that CBCs should be monitored every 2-3 weeks for the first month of treatment with mycophenolate mofetil, then every 2-3 months until treatment is discontinued.

Strength of recommendation: Weak

Rationale

Although the most commonly used form of mycophenolate (mycophenolate mofetil) is generally well tolerated in dogs, gastrointestinal adverse effects can sometimes limit the use of the drug.^{6,50,94-98} In some cases, ulcerative colitis may develop that warrants discontinuation of the drug. Recommended starting dosages for mycophenolate mofetil in dogs have varied from 10 to 20 mg/kg PO q12h, but gastrointestinal signs at the higher end of the dosage range often will necessitate dose reductions. Reported prevalence of diarrhea can be $\geq 20\%$, and may be delayed for 1-2 weeks after starting treatment.^{6,50,94-98} Generally, starting dosages of 7-10 mg/kg PO q12h (14-20 mg/kg total daily dose) are associated with a much lower prevalence of diarrhea.^{99,100} In stable patients, therefore, a starting dosage of 8-12 mg/kg q12h is recommended. If diarrhea occurs, it often is responsive to dose reduction.^{96,98}

In people, gastrointestinal signs, hepatotoxicity, and, less commonly, marked myelosuppression as well as a rare and fatal progressive multifocal leukoencephalopathy have been reported.^{101,102} Unlike in humans, mycophenolate has not been reported to cause hepatotoxicity in dogs, and thus the benefit of monitoring biochemical profiles is questionable. However, mycophenolate potentially is myelosuppressive, hence the recommendation to monitor CBCs.

22. *Leflunomide*: We suggest that CBCs and relevant serum biochemical variables (especially ALT and ALP activities) be monitored

every 2 weeks for the first 2 months in dogs receiving leflunomide, and then every 1-2 months until treatment is discontinued.

Strength of recommendation: Weak

Rationale

Leflunomide appears to be well tolerated in dogs, but its use has been limited in veterinary medicine compared to other drugs.^{57,103} Occasional more serious adverse effects such as cutaneous drug reactions, hepatotoxicity, and pulmonary lesions (as found in human patients) may be recognized in dogs in the future. The most common adverse effects reported with leflunomide administration in dogs are occasional inappetence, lethargy, vomiting, and diarrhea.^{57,58,104} However, a recent study also reported increased liver enzyme activity in approximately half of treated dogs (although it was difficult to separate this finding from the effect of concurrent glucocorticoid administration) and several instances of severe myelosuppression.¹⁰⁴ Although recommended oral dosages for leflunomide in dogs ranged from 3 to 4 mg/kg/day in the earlier literature,^{103,105} a starting dosage of 2 mg/kg PO q24h appears to be efficacious, with possible lower risk of adverse effects.⁵⁸

3.6 | Management of drug-associated myelosuppression

An expanded version of this section, with further commentary and discussion of underlying evidence, is available in Supporting Information Appendix A2.

23. As soon as myelosuppression is documented, we recommend that the causative drug be discontinued.

Strength of recommendation: Strong

24. For management of asymptomatic neutropenic patients, we recommend that, if the neutrophil count is between 1000 and 3000 cells/ μL , antibiotics not be administered unless other independent risk factors for infection are present. When the neutrophil count is < 1000 cells/ μL , prophylactic antibiotics are indicated. We recommend close observation for any change in vital signs, demeanor, or development of new gastrointestinal signs, which could signal the onset of sepsis.

Strength of recommendation: Strong

25. We make the following recommendations for management of symptomatic neutropenic patients:

- Identify a source of infection, if possible.
- Institute parenteral, 4-quadrant antibiotic coverage, with reference to any known organ dysfunction. Antibiotics may be required at the high end of the recommended dosage range to offset decreased organ perfusion in sepsis.
- Institute IV fluid therapy and hemodynamic monitoring.

- Recombinant granulocyte colony stimulating factor could be considered for use in patients that have received an inadvertent overdose with a myelosuppressive drug or when profound neutropenia persists for >1 week.

Strength of recommendation: Strong

26. Once the patient has recovered from the neutropenic episode, and if further immunosuppressive treatment is required, we suggest a different drug be used than the drug that caused the neutropenia.

Strength of recommendation: Weak

3.7 | Management of infections in dogs receiving immunosuppressive drugs

An expanded version of this section, with further commentary and discussion of underlying evidence, is available in Supporting Information Appendix A3.

27. We suggest that the regimen of immunosuppressive drugs may need to be modified if infections are detected, but doing so depends on multiple factors, including the severity and nature of the infection, the severity and stage of treatment of the IMHA, and the immunosuppressive regimen employed. Clinicians also should consider that emerging infections may represent the underlying cause of the immune-mediated disease.

Strength of recommendation: Weak

3.7.1 | Therapeutic drug monitoring

28. If available, we suggest that appropriate TDM be considered in all cases, particularly in cases with actual or anticipated problems, including:
- poor response to treatment,
 - possible interaction between drugs, and
 - emerging secondary infection.

Strength of recommendation: Weak

Rationale

Pharmacokinetic monitoring is available for cyclosporine and leflunomide, and pharmacodynamic monitoring (measuring suppression of T cell IL-2 synthesis) is available for cyclosporine. A list of centers currently offering TDM is shown in Supporting Information S4.

3.8 | Approach to relapse

Our recommended approach to investigation and management of relapses is summarized in Figure 6.

29. We recommend confirming the relapse using standard criteria for the diagnosis of IMHA (see Consensus Statement on Diagnosis of

Immune-Mediated Hemolytic Anemia in Dogs and Cats³²) to ensure that there is no alternative cause of anemia.

Strength of recommendation: Strong

Rationale

The results of some tests may be affected by previous administration of immunosuppressive drugs. The clinician should be satisfied that sufficient abnormalities exist to diagnose a relapse, rather than another cause of anemia, such as gastrointestinal bleeding. Objective data on frequency of relapse in IMHA are scarce. Retrospective studies with long-term follow-up suggest a relapse rate of 11%-15%.^{2,7} The following guidelines for management of relapsing IMHA are based on clinical reasoning and experience of the panel.

30. We recommend assessing the patient for any trigger factors that could derange immune homeostasis, with particular emphasis on emerging infection if the relapse occurred while the patient was still receiving immunosuppressive drugs.

Strength of recommendation: Strong

Rationale

Immune homeostasis may be affected by administration of drugs or vaccines, onset of inflammatory disease, emerging infection (particularly involving vector-borne agents), and neoplasia.

31. If the relapse occurred before any attempted dose reduction of the initial prednisone or prednisolone treatment, we suggest introducing an additional immunosuppressive drug (as described in recommendation #10). If a dog is already receiving 2 immunosuppressive drugs, we suggest performing TDM to ensure adequate drug dosage, as in recommendation #28.

Strength of recommendation: Weak

32. If the relapse occurred during tapering of immunosuppressive drugs (as described in recommendations #14-16), we suggest that the dosage of immunosuppressive drugs be increased. If the relapse manifested as fulminant disease, the initial (previously successful) induction protocol should be recommenced. If the relapse manifested as mild disease, the immunosuppressive drug dose should be increased back to the last dose that the patient was receiving before the most recent dose reduction.

Strength of recommendation: Weak

33. Once remission has been reestablished, we suggest commencing the tapering process more gradually than on the previous occasion, as outlined in recommendations #14-16. We suggest that the time from remission to the first dose reduction be doubled, and that the time interval between subsequent dose reductions be doubled.

Strength of recommendation: Weak

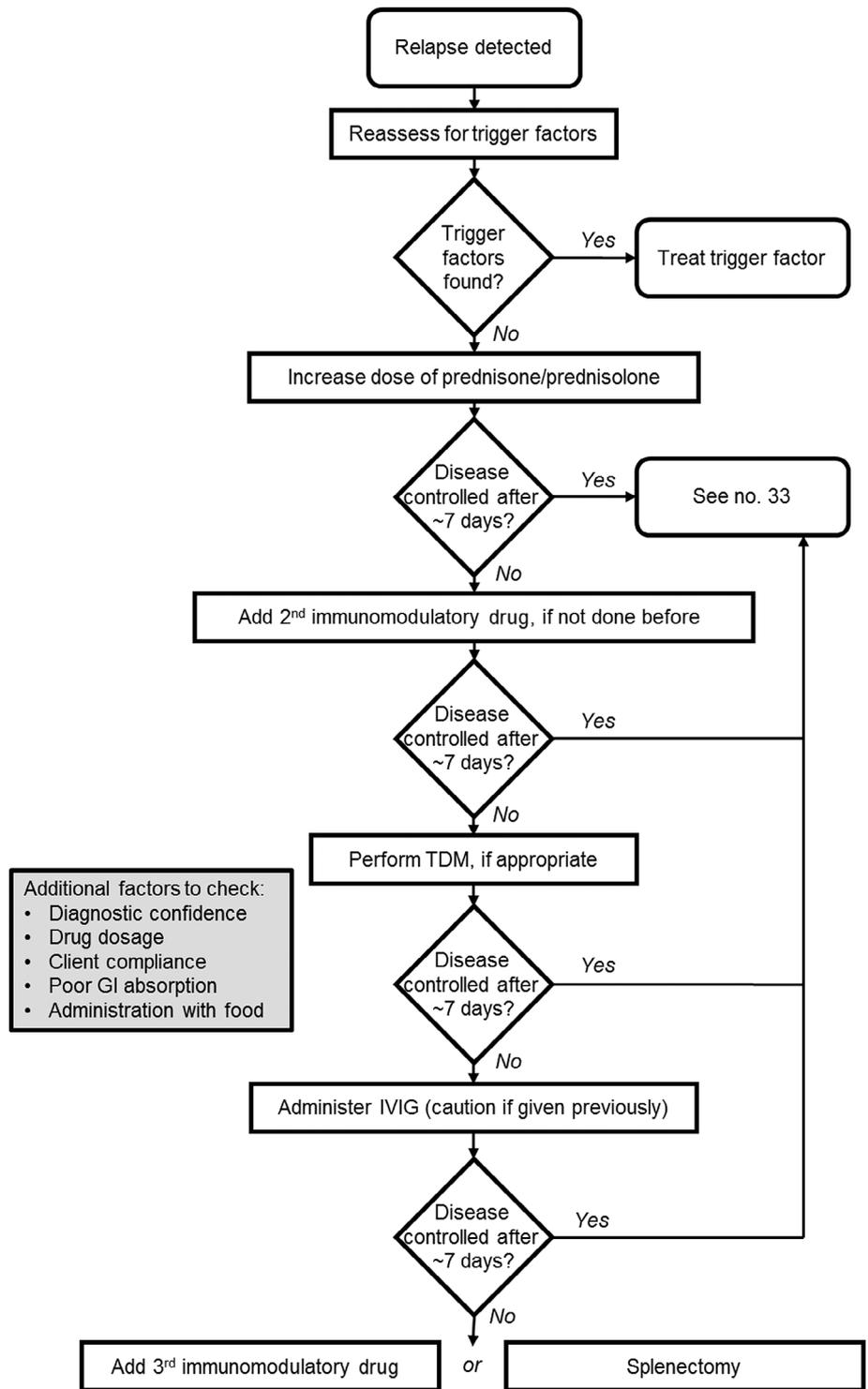


FIGURE 6 Flow diagram showing recommended approach for management of relapse in dogs with immune-mediated hemolytic anemia (IMHA). IVIG, intravenous immunoglobulin; TDM, therapeutic drug monitoring. Various outcomes make reference to Consensus Summary Statement #33, to which the reader is referred for further information

34. If recurrent relapses occur despite the measures described above, we suggest that lifelong immunosuppressive treatment may be required, aiming to maintain remission using the lowest possible dosage of immunosuppressive drug.

Strength of recommendation: Weak

35. In dogs requiring continuous immunosuppressive treatment, or suffering repeated relapses, we suggest that splenectomy be

considered, provided that infection with vector-borne agents has been exhaustively excluded.

Strength of recommendation: Weak

Rationale

Splenectomy has been evaluated in 2 retrospective case series for relapsing or refractory IMHA. One study of 6 dogs showed 100% survival at 12 months postsplenectomy, with decreased or absent medication

requirement after surgery compared to before.¹⁰⁶ In another study of 10 dogs, 9 were alive 30 days postsplenectomy and the authors reported decreased transfusion requirements and increased PCV after surgery compared to before.¹⁰⁷ However, neither study enrolled a control group that did not undergo splenectomy, so it is impossible to determine whether splenectomy improved outcome.

Vector-borne agents may be latent in dogs with IMHA or acquired through blood transfusion. We are not aware of publications documenting infection in IMHA patients postsplenectomy, but this may reflect infrequent occurrence of splenectomy, short follow-up times, or both. Splenectomy per se is a procedure associated with a low risk of short-term complications,^{106,107} but we recommend that immunosuppressive and antithrombotic medications be stopped or their dosage decreased to a minimum before surgery is undertaken. Further recommendations regarding screening for vector-borne agents are provided in the accompanying Consensus Statement on Diagnosis of Immune-Mediated Hemolytic Anemia in Dogs and Cats.³²

36. If there appeared to be a temporal association between estrus cycle and relapse, we suggest that intact female dogs be spayed once they have been weaned off, or onto the lowest effective dose of, immunosuppressive drug(s). Similarly, if there appeared to be a temporal association between pregnancy and relapse, we suggest that the bitch not be bred again, or be spayed when weaned off, or onto the lowest effective dose of, immunosuppressive drug(s).

Strength of recommendation: Weak

Rationale

This recommendation is based on the clinical experience of the panel. Affected dogs also should not be receiving thromboprophylactic drugs at the time of surgery.

3.9 | Emerging immunomodulatory treatments for dogs with IMHA

An expanded version of this section, with further commentary and discussion of underlying evidence, is available in Supporting Information Appendix A4.

37. The use of a number of other treatments, including therapeutic plasmapheresis, liposomal clodronate, hyperbaric oxygen therapy, and melatonin, has been reported, scientifically, anecdotally, or in a small number of dogs with IMHA, but we suggest further investigation is required to determine whether these treatments are effective, and to establish how their use should be integrated with other treatments.

Strength of recommendation: Weak

3.10 | Antithrombotic treatment

The terms “thromboprophylaxis” and “antithrombotics” encompass both antiplatelet drugs, designed to inhibit platelet function (primary hemostasis), and anticoagulant drugs, designed to inhibit the activity of clotting factors (secondary hemostasis). We draw specific distinctions between

antiplatelet and anticoagulant drugs. An outline of our recommendations relating to antithrombotic treatment is shown in Figure 7. Additional guidance on the use of antithrombotic drugs in dogs is provided in the CURATIVE guidelines.¹⁰⁸

38. We recommend that thromboprophylaxis be provided for all dogs with IMHA, except those with severe thrombocytopenia (platelet count <30 000/ μ L).

Strength of recommendation: Strong

Rationale

A substantial body of evidence indicates that IMHA in dogs is associated with an increased risk of thrombosis,^{9,15,109–112} and that thrombotic disease is a leading cause of morbidity and mortality in dogs with IMHA.^{10,113,114} The pathophysiology of thrombosis in IMHA is complex,^{8,42} involving endothelial activation,⁴² intravascular tissue factor expression,¹¹⁵ procoagulant microparticle generation,¹¹⁶ platelet activation,¹¹⁷ and an imbalance of pro- and anticoagulant factors.^{118–120} Previous studies have suggested that thromboprophylaxis may be particularly important in dogs with intravascular hemolysis, autoagglutination, marked leukocytosis, and increased liver enzyme activities.^{9,10,53,121} Dogs with IMHA receiving high dosages of glucocorticoids,^{122,123} and those receiving IVIG,^{59,60,124} also may be at increased risk of thrombosis.

We have specified an arbitrary platelet concentration of 30 000/ μ L, below which we would not recommend that antithrombotics be administered, particularly if an antiplatelet drug is selected, because we considered that the risk of spontaneous hemorrhage is increased below this threshold. In the context of IMHA, some authors have classified severe thrombocytopenia as <50 000/ μ L,¹⁷ whereas others have used <15 000/ μ L.¹²⁵ We recommend that antithrombotic drugs only be

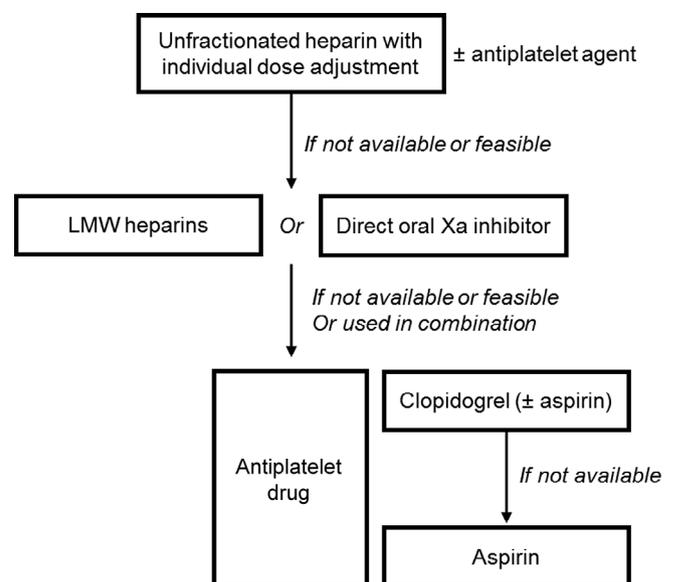


FIGURE 7 Algorithm showing recommended approach to selection of antithrombotic drugs for dogs with immune-mediated hemolytic anemia (IMHA). LMW, low molecular weight

administered to dogs with platelet counts $>30\,000/\mu\text{L}$, because in these patients the thrombocytopenia is most likely consumptive.^{126,127}

39. We suggest that thromboprophylaxis be initiated at the time of diagnosis and continued until the patient is in remission and no longer receiving prednisone or prednisolone.

Strength of recommendation: Weak

Rationale

The maximum risk period for mortality associated with IMHA appears to be the first 2 weeks after initiation of treatment.⁵⁴ This period represents the phase when pathophysiologic risk factors for thrombosis are maximal, likelihood of transfusion is highest, and any prothrombotic effect of immunosuppressive medications is greatest, if related to dosage. The risk of hemorrhage from recommended antithrombotic dosages is likely to be small.¹²⁸ As the disease process responds to immunosuppression, the likelihood of thrombosis may diminish, but the continued use of immunosuppressive medications may generate ongoing thrombotic risk.^{129,130} Some dogs may require lifelong low doses of glucocorticoids to maintain remission. We suggest that thromboprophylaxis be discontinued if such dogs have been in remission for 6 months and no other risk factors exist.

40. Based on the pathophysiology of venous thromboembolism commonly encountered in dogs with IMHA, we suggest that a regimen incorporating anticoagulants may be preferred for thromboprophylaxis, particularly during the first 2 weeks after diagnosis. The available anticoagulants may be used alone or combined with antiplatelet drugs. If treatment with an anticoagulant, and its associated monitoring, is not available or feasible, we suggest administration of antiplatelet drugs in preference to no antithrombotic drug.

Strength of recommendation: Weak

Rationale

Thrombosis in IMHA predominantly affects the venous system, where thrombi form under low-shear conditions.¹³¹ Such thrombi typically are rich in fibrin, and their formation is less dependent upon platelet number or function, providing a rationale for administration of anticoagulant drugs.^{15,121,132} Although platelet activation can be detected in dogs with IMHA, this phenomenon probably occurs secondary to pathologic tissue factor-mediated thrombin generation, rather than as a primary event.^{42,133,134} Nevertheless, the cell-based model of hemostasis posits that platelets are integral to hemostasis *in vivo*.^{135,136} There is thus a rationale for the use of antiplatelet drugs in venous thrombosis.^{132,137–140} Experimental data support this proposition to some degree,¹⁴¹ and evidence in humans suggests that antiplatelet drugs do decrease the risk of venous thrombosis.^{142–145} However, this should be viewed in the context of the substantial body of evidence in humans supporting administration of anticoagulants as first line prophylactic drugs for venous thrombosis.^{146–148}

41. We suggest the administration of unfractionated heparin (UFH) with individual dose adjustment (using an anti-Xa assay) in preference to other drugs. This drug should not be used without individual dose adjustment. If this is not available or feasible, we suggest administering injectable low-molecular-weight heparins or direct PO Xa inhibitors. When using injectable low-molecular-weight heparins, we suggest individual dose adjustment (using an anti-Xa assay) may be useful to achieve a therapeutic dose.

Suggested starting dosages for these drugs are:

- Unfractionated heparin (IV): 100 U/kg bolus, then 900 U/kg/24 h
- Unfractionated heparin (SC): 150–300 U/kg q6h
- Dalteparin (SC): 150–175 U/kg q8h
- Enoxaparin (SC): 0.8–1.0 mg/kg q6–8h
- Rivaroxaban (PO): 1–2 mg/kg q24h

Strength of recommendation: Weak

Rationale

Insufficient evidence is available to make strong recommendations on the choice of anticoagulant in IMHA (Table 5 and Figure 8). The strongest evidence supports the use of individually dose-adjusted UFH.²⁶ Other anticoagulants including enoxaparin and rivaroxaban appear to be safe and may be efficacious,^{27,55} but RCTs are lacking. In a prospective study of UFH use in dogs with IMHA, dosages of 300 U/kg SC q6h generated anti-Xa activities below the target ranges in more than half of the dogs.¹⁴⁹ A subsequent RCT of dogs with IMHA compared UFH treatment administered at constant dose with individually dose-adjusted UFH treatment based on anti-Xa monitoring.²⁶ This study demonstrated significantly longer survival in dogs given individually adjusted doses, with only 1/8 non-survivors compared to 6/7 non-survivors in the constant dose group (Table 5). Dosages of UFH of 150–566 U/kg q6h were required to achieve anti-Xa activities between 0.35 and 0.7 U/mL.²⁶ However, this study enrolled a small number of dogs and provided incomplete information on masking and randomization (Figure 8). Indeed, the study has a fragility index of only 2,¹³ meaning that the outcome of only 2 cases would need to change to lose statistical significance, and suggesting that these findings warrant confirmation. One further RCT found no difference in survival in dogs treated with rivaroxaban compared with dogs treated with clopidogrel and ultra-low-dose aspirin (Table 5), but this study was underpowered and does not demonstrate equivalency of interventions.²⁷

Various publications have determined pharmacokinetics of low-molecular-weight heparins in dogs.^{150–152} Considerable variation in anti-Xa activities has been documented and some uncertainty remains about the efficacy of enoxaparin in some breeds of dog.^{55,152,153} Dalteparin does appear efficacious in dogs for venous and arterial thromboprophylaxis.^{154,155} The level of anti-Xa activity that confers thromboprophylaxis remains uncertain, but, given the variation in pharmacokinetics and that it is efficacy, monitoring anti-Xa activity may be justifiable. We believe it is reasonable to target 0.5–1.0 U/mL anti-Xa activity for both enoxaparin and dalteparin.¹⁵⁶

Anti-Xa monitoring is not widely available to veterinarians. If an anti-Xa assay is not available, then it is reasonable to consider the

TABLE 5 Summary of studies investigating the use of antithrombotic drugs in dogs with immune-mediated hemolytic anemia (IMHA)

Reference	Study design	Number of dogs with IMHA	Treatment groups	N	Outcomes	Mortality at 3 months	Transfusion volume	Method of statistical comparison	Statistical measure	Confidence interval	P value
Helmond et al (2010) ²⁶	Randomized controlled trial	15	1: Constant dose of UFH (150 U/kg SC q6h on days 1-7 then q8h on days 7-28) 2: UFH (150 U/kg SC q6h on days 1-3 then dose adjusted by nomogram to maintain anti-Xa levels of 0.35-0.7 U/mL)	7	Median survival time 68 days	83%		Kaplan-Meier with log rank test	a	a	<.01
Mellett et al (2011) ¹¹	Randomized controlled trial	24	1: Clopidogrel (10 mg/kg on day 1 then 2-3 mg/kg/d PO q24h for 3 months) 2: Aspirin (0.5 mg/kg PO q24h) 3: Both Aspirin and Clopidogrel	8	Mortality at discharge 13%	25%	Median 13 mL/kg	ANOVA for survival to discharge	a	a	.81
Morassi et al (2016) ²⁷	Randomized controlled trial	24	1: Clopidogrel (2-3 mg/kg PO q24h) and aspirin (1 mg/kg PO q24h) 2: Rivaroxaban (0.5-1 mg/kg PO q24h)	12	Mortality at discharge 17%	17%	Median 17 mL/kg	ANOVA for survival to 3 months	a	a	.79
Weinkle et al (2005) ⁷	Retrospective cohort study	151	1: No antithrombotic treatment	27	Median survival time ^c ~10-20 days	43%	Mortality at 12 months	Fisher's exact test for mortality at discharge	a	a	.68
				76	~1500 days	18%	Mortality at 1 month	Fisher's exact test for mortality at 3 months	a	a	<.001
							Group 2 compared to 1	Kaplan-Meier with Gehan-Wilcoxon test and/or log rank test ^b	-	-	-

(Continues)

TABLE 5 (Continued)

Reference	Study design	Number of dogs with IMHA	Treatment groups	N	Outcomes	Method of statistical comparison	Statistical measure	Confidence interval	P value
			2: Aspirin (0.5 mg/kg PO q24h)						
			3: Heparin (25-75 U/kg SC q6-8h while hospitalized)	13	4 days	Group 3 compared to 1	83%	a	.001
			4: Aspirin and heparin	27	~1400-1500 days	Group 4 compared to 3	36%	a	.001

Abbreviation: UFH, unfractionated heparin.

^aNot stated.^bNot stated which test was used to derive the stated P values.^cEstimated from Kaplan-Meier curves (Figures 2 and 3).

activated clotting time, activated partial thromboplastin time (aPTT), thrombin generation, or viscoelastic tests to monitor anticoagulant treatment.^{153,156-164} Nomograms for adjustment of UFH treatment using aPTT and thromboelastographic assays have been proposed, but are currently only available in abstract form.^{165,166} The original derivation of UFH aPTT prolongation targets was performed using thrombotic models in dogs.¹⁶⁷ Subsequently, these aPTT targets were demonstrated to correlate with recommended 0.35-0.70 U/mL anti-Xa activity targets in humans.^{168,169} These activity targets protect against thrombosis in people,^{146,170} and are the basis for the currently recommended targets for anti-Xa activity in dogs. However, we recognize that there is limited evidence of efficacy for these targets against patient-centered outcomes (eg, prevention of documented thrombosis, mortality) in dogs with clinical disease. Higher dosages than the initial starting dosages listed above may be necessary to attain these anti-Xa activity targets in dogs with diseases that predispose to thrombosis.^{26,156} Initiating antithrombotic treatment at these dosages and increasing the dose incrementally based on individual monitoring may provide a margin of safety for patients against hemorrhagic complications. In our experience, many patients will require such dose escalation.

- If antiplatelet drugs are administered, we suggest that clopidogrel be used in preference to aspirin. We suggest that clopidogrel be administered at a dosage of 1.1-4.0 mg/kg PO q24h. A single PO loading dose (eg, double the maintenance dosage or up to 10 mg/kg) may be useful for obtaining therapeutic plasma concentrations rapidly. If aspirin is selected as an antiplatelet drug, it should be administered at a dosage of 1-2 mg/kg q24h and could be combined with clopidogrel.

Strength of recommendation: Weak

Rationale

Clopidogrel may be efficacious for arterial thromboprophylaxis in dogs.¹⁷¹⁻¹⁷⁵ However, insufficient evidence is available to judge the efficacy of clopidogrel for prevention of venous thrombosis in dogs. Aspirin is a safe and effective drug for prevention of arterial thrombosis in dogs,¹⁷⁶ but insufficient evidence is available to judge the efficacy of aspirin for the prevention of venous thrombosis in dogs. Thirty percent or more of healthy dogs fail to respond to low dose aspirin,^{177,178} and a minimum dosage of 2.0-5.0 mg/kg PO q12-24h is required for reliable platelet inhibition in responders.¹⁷⁹⁻¹⁸¹ Studies have demonstrated the failure of 1.0 and 3.5 mg/kg PO q12h of aspirin to reliably inhibit canine platelets.^{182,183} Although aspirin at a dosage of 0.5 mg/kg q24h in combination with glucocorticoids appears safe,¹⁸⁴ aspirin dosages ≥ 2 mg/kg administered to dogs receiving concurrent prednisolone may be associated with increased gastrointestinal bleeding.¹⁸⁵

One retrospective study of dogs with IMHA suggested those receiving ultra-low-dose aspirin had a survival benefit over those dogs receiving heparin (Table 5).⁷ However, this study is limited by less rigorous inclusion criteria and is confounded by lack of control

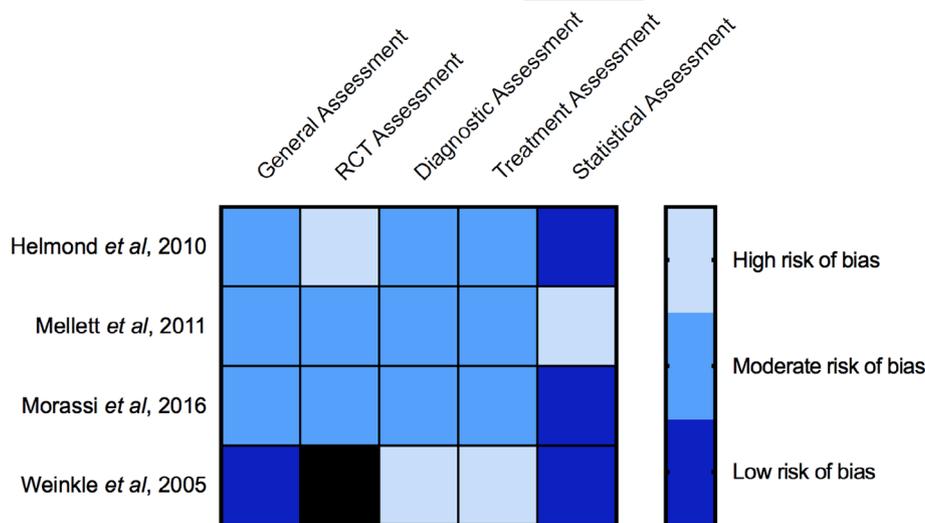


FIGURE 8 Results of evidence quality assessment for studies investigating the use of antithrombotic drugs in dogs with immune-mediated hemolytic anemia (IMHA). RCT, randomized controlled trial

for illness severity (Figure 8). Other retrospective data (published only as an abstract¹⁸⁶) suggest that individualized heparin dosing may provide superior thromboprophylaxis compared to aspirin. Among the antiplatelet drugs, 1 RCT detected no difference in mortality in dogs treated with ultra-low-dose aspirin, clopidogrel, or both (Table 5).¹¹ However, this study appears to have been underpowered and may have used an inappropriate statistical test for comparison of survival between groups (Figure 8).

3.11 | Supportive care and antimicrobial treatment for dogs with IMHA

An expanded version of this section, with further commentary and discussion of underlying evidence, is available in Supporting Information Appendix A5.

43. We suggest that gastroprotectant treatment is administered only to dogs with IMHA with either:

- ongoing evidence of gastrointestinal ulceration (eg, melena), or
- known or potential risk factors for development of ulcers and gastrointestinal bleeding.

Strength of recommendation: Weak

44. Where gastroprotectant treatment is indicated, we recommend administration of a proton pump inhibitor for a defined period of time, with discontinuation as soon as risk factors for ulcer development or bleeding abate.

Strength of recommendation: Strong

45. We recommend assessing the risk of infection with hemotropic or vector-borne pathogens in individual dogs presenting with IMHA, depending on their geographic location, lifestyle, and travel or importation history. In dogs considered to have a high risk of infection, we recommend empirical administration of appropriate antimicrobial drugs while awaiting the results of

definitive diagnostic tests for these pathogens. Such definitive diagnostic tests should be the basis of longer term antimicrobial treatment recommendations.

Strength of recommendation: Strong

3.12 | Monitoring of dogs in remission from IMHA

46. When a dog has recovered fully from IMHA and has stopped receiving all treatment, we suggest continued monitoring of CBCs or other hematologic measurements for 4 weeks to confirm treatment-free remission. Beyond this period of time, we suggest that regular CBCs or other hematologic measurements are not required. Nevertheless, owners should be encouraged to monitor for clinical signs associated with anemia and to contact a veterinarian immediately if these are observed.

Strength of recommendation: Weak

Rationale

Monitoring of dogs with IMHA after cessation of treatment is poorly described in the literature. However, in our experience, relapses tend to occur acutely, so routine CBCs would seem to be of little or no use in predicting them once the dog has recovered fully.

3.13 | Recommendations for future research

Further investigation of the pathogenesis and heterogeneity of IMHA in dogs is likely to identify novel biomarkers of disease activity and prognosis, as well as avenues for more specific and targeted treatment. Such studies also could explore the prevalence and extent of thrombosis in dogs with IMHA. Prospective, randomized, multicenter clinical trials are required to address a number of questions, including whether the addition of a second drug improves outcome in all, or only a subset of, patients; whether 1 drug is superior to another as an adjunct to glucocorticoids; and, whether 1 thromboprophylactic regimen is superior

to another. Intrinsic to successful treatment is the effective monitoring of disease outcomes. Therapeutic drug monitoring is recognized as a useful tool to optimize drug dosage, but evidence-based reference targets for pharmacokinetic and pharmacodynamic assays currently are lacking. A number of new and emerging treatments promise to deliver more rapid targeted control of aggressive autoimmune responses, but further work is required in this area before firm recommendations can be made. For example, the impact of therapeutic plasmapheresis on patient outcome, and how it should be used in individual patients, remains to be established.

Comparison of results derived from different studies will be facilitated by consistent reporting of diagnostic criteria, treatment regimens, and outcome measures. We therefore have developed a set of reporting guidelines for future studies of dogs with IMHA to improve consistency among reports (Supporting Information Appendix A6).

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CONFLICT OF INTEREST DECLARATION

Andrew Mackin is associated with the Mississippi State University Pharmacodynamic Laboratory, which offers therapeutic drug monitoring of cyclosporine as a commercial assay. All other authors had no conflicts of interest to declare.

OFF-LABEL ANTIMICROBIAL DECLARATION

A number of the drugs described in this consensus statement are not licensed for veterinary use.

INSTITUTIONAL ANIMAL CARE AND USE COMMITTEE (IACUC) OR OTHER APPROVAL DECLARATION

Authors declare no IACUC or other approval was needed.

HUMAN ETHICS APPROVAL DECLARATION

Authors declare human ethics approval was not needed for this study.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

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