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# Ischemia-reperfusion injury pathophysiology, part I

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## Abstract

**Objective:** To review the current scientific literature on ischemia–reperfusion (IR) injury in both human and veterinary medicine. To describe the normal antioxidant defense mechanisms, the pathophysiology of IR injury, and the role of neutrophils in IR injury.

**Data sources:** Data sources include scientific reviews and original research publications in both human and veterinary medicine.

**Summary:** IR injury is a complex pathophysiological process involving numerous pathways and body systems. Normal antioxidant defense mechanisms function to limit oxidative injury during times of health. Ischemia is the period that occurs before oxygenated blood is re-introduced and the severity of injury has been shown to correlate with the magnitude and length of ischemia in dogs. During ischemia, there is a buildup of substances (i.e., xanthine oxidase, hypoxanthine, etc.) that, upon re-introduction of oxygen, form reactive oxygen species (ROS). ROS, produced in large part upon reperfusion, can cause extensive damage to DNA, proteins, carbohydrates, and lipids. Although mammalian systems are endowed with abundant antioxidant defenses, the generation of large amounts of ROS can overwhelm these mechanisms leading to cell dysfunction and death. Neutrophils play a critical role in IR injury and may mediate the majority of mucosal and microvascular injury that occurs by releasing ROS and proteolytic enzymes. Although experimental studies have been carried out on cats, dogs, and horses there are few clinical studies on companion animals.

**Conclusions:** The pathophysiology of IR injury is complex and involves damage by ROS to all biological membranes. Neutrophils play a major role in IR injury and initiate and propogate much of the damage. This article is intended as a review of the pathophysiology of IR injury.

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**Keywords:** antioxidants, free radical, hydroxyl radical, lipid peroxidation, nitric oxide, oxidative stress, reactive oxygen species, superoxide

#### Introduction

Ischemia–reperfusion (IR) injury is a complex cascade of events involving a multitude of pathophysiological

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Dr. Maureen McMichael, Department of Small Animal Medicine and Surgery, College of Veterinary Medicine, Texas A&M University, College Station, TX 77843. E-mail: mmcmichael@cvm.tamu.edu processes. These include activation of neutrophils, platelets, cytokines, reactive nitrogen species, reactive oxygen species (ROS), the coagulation system, the endothelium, and the xanthine-oxido-reductase enzyme system. This can eventually lead to cell damage, cell death, increased vascular permeability, tissue necrosis, and multi-organ dysfunction.<sup>1</sup> Cell death due to both necrosis and apoptosis is triggered by the substances released during IR injury.<sup>2</sup> ROS are believed to play a central role in IR injury in addition to several other diseases including neoplasia, atherosclerosis, and neurodegenerative diseases.

In humans, the most common syndromes involving IR injury include myocardial infarction, cardiac bypass surgery, and organ transplantation. In veterinary medicine, the most common syndromes include gastric dilatation volvulus (GDV), arterial thromboembolism (ATE), resuscitation from hemorrhagic shock, organ transplantation, diaphragmatic hernia, head trauma, mesenteric torsion, intestinal incarceration, and spinal cord trauma.

This article is intended as a review of endogenous antioxidant defense mechanisms, of the pathophysiology of IR injury, and of the role of neutrophils in IR injury.

#### Normal anti-oxidant defense mechanisms

A free radical is a molecule with one or more unpaired electrons in the outer shell. Since not all of the species that cause oxidative injury are technically free radicals (i.e., hydrogen peroxide is not a free radical, but is a key player in oxidative damage), a more appropriate term is ROS. ROS are capable of reacting with all biological molecules, including nucleic acids, proteins, carbohydrates, and lipids.

In health, the major source of ROS formation in cells is electron leakage from electron transport chains. It is estimated that  $\sim 90-95\%$  of the oxygen passing through the mitochondria is converted to water and that the remaining 5–10% is reduced, creating ROS.<sup>3</sup> The generation of ROS is kept to a minimum by the high efficiency of electron transfer and sequestration of metal ions. Separate microenvironments exist for the mitochondria, the lysosome, and the peroxisome; each contains a ROS-generating system coupled to immediately adjacent antioxidant defense mechanisms. Some suggest that this compartmentalization may be the most important endogenous defense mechanism against ROS.<sup>4</sup> Other sources of ROS are the cytochrome P450 in the endoplasmic reticulum, lipoxygenases, cyclooxygenases, xanthine oxidase (XO), and NADPH oxidase.<sup>5</sup>

Although all molecules are susceptible to ROS injury, lipids are targeted most frequently. This is believed to be due to lipids' propensity to contain double bonds and their ubiquitous presence in cell membranes.<sup>6</sup> Mammalian cells are rich in polyunsaturated fatty acids (PUFA), which are highly susceptible to oxidative stress. These PUFAs include linoleic, linolenic, and arachidonic acids and along with other fatty acids form part of the structure of triglycerides and phospholipids.<sup>7</sup> Once formed, ROS can either react with another radical to form a covalent bond or, more commonly, react with a non-radical.<sup>8</sup> When a free radical reacts with a non-radical, the non-radical loses an electron, transforming into a free radical. This is the essence of the chain reaction that propagates extensive damage to

cell membranes. When the radical combines with another radical, the product can be more damaging than the original radical. An example is when nitric oxide (NO) combines with superoxide  $(O_2^{\bullet^-})$  creating peroxynitrite (OONO<sup>-</sup>), which is 2000 times more damaging than hydrogen peroxide  $(H_2O_2)$ .<sup>9</sup> Alternatively, the reaction of two radicals can result in a termination of the cascade. The interaction of ROS with lipids in the presence of free iron results in lipid peroxidation.<sup>10,11</sup>

The 2 major free radicals that can initiate lipid peroxidation are the hydroxyl radical (OH<sup>•</sup>) and peroxynitrite. The hydroxyl radical is formed when hydrogen peroxide combines with metals (i.e., ferrous iron) or by fission of water molecules by radiation (i.e., UV light or radiation). Peroxynitrite is formed when NO combines with superoxide. The hydroxyl radical and peroxynitrite initiate lipid peroxidation by abstraction of a proton from the PUFA, causing the formation of a peroxy radical ( $RO_2^{\bullet}$ ). The  $RO_2^{\bullet}$  can now attack other PUFAs in the membrane and propagate a chain reaction of lipid peroxidation, ending when the substrate (i.e., the lipids of cell membranes) is eliminated or when the RO<sup>•</sup><sub>2</sub> encounters a chain-breaking antioxidant such as vitamin E.<sup>12</sup> Lipid peroxidation severely damages cell membranes, causing alterations in enzyme systems and receptors, alterations in ionic channels and increased permeability to calcium and other ions.<sup>7</sup> In addition, the products of lipid peroxidation are also thought to initiate inflammation, apoptosis, and inactivation of thiol-containing enzymes.<sup>13–15</sup>

In general, there are 3 lines of antioxidant defense against damage caused by ROS. Antioxidants are defined as substances that can delay or prevent oxidation of lipids, DNA, or proteins.<sup>16</sup> Antioxidant proteins, such as albumin, haptoglobin, ferritin, and ceruloplasmin are abundant in plasma.<sup>17</sup> Intracellular enzymatic antioxidants include superoxide dismutase (SOD), catalase, and glutathione peroxidase.<sup>17</sup> These are expressed in most mammalian cells and prevent the generation of ROS. Small molecule antioxidants are divided into water-soluble and lipid-soluble categories. Water-soluble antioxidants include ascorbic acid (vitamin C), uric acid, bilirubin, glutathione (GSH), zinc, and selenium. Lipid-soluble antioxidants include tocopherols (vitamin E), β-carotene, ubiquinol-10 (co-enzyme Q10), and lycopene.<sup>18</sup> Cell membranes contain tocopherols and  $\beta$ -carotene within their lipid layer and these can act to quench chain reactions of lipid peroxidation.8 The extracellular fluids within the body contain numerous molecules that have antioxidant properties, including ascorbic acid, bilirubin, transferrin, haptoglobin, albumin, urate, and ceruloplasmin.<sup>17</sup>

Glutathione peroxidase, synthesized in mammalian cells, is generally considered the first line of defense against ROS formation. It is a sulfur-containing tripeptide (glycine, cysteine, glutamine) that reduces hydrogen peroxide to water, using GSH as a substrate.<sup>19</sup> There are two forms, one catalyzes the conversion of hydrogen peroxide and lipid peroxides and requires selenium as a cofactor and the other form does not require selenium, but only catalyzes the reduction of hydrogen peroxide. Oxidative stress has been shown to be associated with a depletion of GSH<sup>20</sup> and this has been shown to induce apoptosis of hepatocytes.<sup>21</sup> Alpha tocopherol is believed to be the most abundant of the tocopherols and tocotrienols that comprise vitamin E, and is considered the second line of defense against ROS. Vitamin E inhabits the lipophilic interior of the cell membrane, where the PUFAs are located, and is a chain-breaking scavenger, halting lipid peroxidation.<sup>22</sup> When a wave of lipid peroxidation reaches vitamin E, it is oxidized to a free radical, sparing any adjacent PUFAs from oxidation. Vitamin C (ascorbic acid) then combines with the E radical forming a poorly reactive, water-soluble, vitamin C radical, and regenerating vitamin E. Vitamin C is the most abundant watersoluble antioxidant and it can directly scavenge ROS or regenerate vitamin E.<sup>23</sup>

SOD is an oxido-reductase that contains copper, zinc, or manganese at the active site. It catalyzes the dismutation of superoxide to oxygen and hydrogen peroxide. It is present in the cytosol (requires copper and zinc), the mitochondria (requires manganese), and on the extracellular surface (requires copper and zinc). Superoxide is often written as an anion  $(O_2^-)$ , but the appropriate representation is as a radical anion  $(O_2^{--})$ .<sup>24</sup> Mitochondrial SOD is believed to play a major role in antioxidant defense mechanisms.<sup>25,26</sup>

Catalase is a heme protein located in peroxisomes, which converts hydrogen peroxide to water and oxygen. Catalase functions in conjunction with SOD; SOD converts superoxide to hydrogen peroxide, and catalase then converts the hydrogen peroxide to water and oxygen.

#### Ischemia

Reperfusion injury starts with a variable period of ischemia before oxygenated blood is re-introduced. Cold ischemia refers to the absence of blood flow in organs outside the body (i.e., organ transplantation). Warm ischemia occurs in organs or tissues inside the body (i.e., during GDV).<sup>27</sup> Interestingly, the predominant cell type affected during IR injury differs in warm compared with cold ischemia. Hepatocyte death predominates in warm IR injury, while endothelial cells

and Kupffer cells are damaged earlier in cold IR injury.<sup>2</sup> The severity of ischemic injury is determined by the magnitude and length of decreased blood flow to an organ or tissue.<sup>28</sup>

Several events combine during ischemia to set the stage for massive ROS formation. When cells cannot maintain adequate adenosine triphosphate (ATP) synthesis (i.e., during hypoxia) they compensate by degrading existing ATP into its components adenosine, then inosine, and finally hypoxanthine. With continued ischemia, hypoxanthine accumulates. Intracellular pH decreases during ischemia due to anaerobic metabolism as lactate and hydrogen ion accumulate. Intracellular enzymes and regulatory proteins are damaged leading to even greater cellular dysfunction.<sup>29</sup> Decreased ATP inactivates the ATP-dependent cell membrane pumps, allowing a net efflux of potassium and an influx of sodium, calcium, and chloride, which causes acute cellular swelling. The increase in calcium appears to be due to several causes including decreased extrusion owing to inactivation of ATP-dependent cell membrane pumps, calcium release from organelles, and calcium influx.<sup>30,31</sup> Since the rise in calcium can be inhibited by calcium channel blockers, increased influx appears to play a prominent role in the increase in intracellular calcium.<sup>2</sup> This increase in intracellular calcium is one of the earliest events in IR injury and the damage is dependent upon both the duration and the extent of the increase.<sup>2</sup> (Figure 1)

Increased cytosolic calcium has been shown to cause both apoptosis and necrosis of the cell.<sup>32,33</sup> The increased intracellular calcium activates a protease, calpain, which converts xanthine dehydrogenase (XD) to XO. Xanthine oxido-reductase is unique in that it exists in two active forms. In health, the XD form predominates and converts hypoxanthine to xanthine and xanthine to uric acid. XD does not require oxygen for its activation, and uses nicotinamide adenine dinucleotide, a carrier that can accept two electrons and transfer them. During ischemia, due to increased calcium, the XO form predominates and requires oxygen for its activation.<sup>4</sup> There is, in essence, a roadblock during ischemia, with continued accumulation of hypoxanthine and XO, neither of which can be utilized because the enzyme XO requires oxygen.

Several other important events occur during ischemia. Activation of nuclear factor- $\kappa$ B (NF $\kappa$ B) leads to increases in inflammatory mediators. Increased expression of adhesion molecules, specifically synthesis of intracellular adhesion molecule-1 (ICAM-1) and Eselectin, via activation of NF $\kappa$ B, occurs, leading to increased leukocyte adhesion at the site of IR injury during reperfusion. Inactivation of endothelial NO



**Figure 1:** Ischemia–reperfusion (IR) injury, a schematic of what occurs in the cell during IR injury. There is breakdown of ATP into its components. Xanthine dehydrogenase is converted to xanthine oxidase due to the presence of calcium, which converts a protease, calpain, to its active form. Hypoxanthine is metabolized by xanthine oxidase to urate and superoxide anion upon re-introduction of oxygen. ATP – adenosine triphosphate, AMP – adenosine monophosphate.

causes vasoconstriction, and inhibition of the prostacyclin arm of the arachidonic acid cascade favors vasoconstriction and platelet aggregation. Oxygen is also required for NO synthesis and during hypoxia, oxygen can become a limiting substrate. In addition, complement activation and synthesis of platelet activating factor (PAF) occur.<sup>34</sup>

# Reperfusion

Although necessary for cellular salvage, reperfusion paradoxically creates more injury than ischemia. Several studies have shown an increase in toxic by-products of IR injury after reperfusion but not after ischemia alone.<sup>35,36</sup> Reperfusion is associated with severe endothelial dysfunction. This is most likely due to a combination of factors including ROS damage to the endothelium, decreased NO release from the endothelium, and increased endothelin causing marked vasoconstriction further impairing blood flow.<sup>37</sup> Great variability exists in the amount of XO present in different species and in different organs. Dogs and rats have significantly greater amounts of XO than do humans or rabbits.<sup>38-40</sup> The endothelium and the

mucosal villi of the GI tract have the greatest amount of XO in the body and are highly susceptible to IR injury.<sup>41</sup> The first area believed to generate ROS during reperfusion is at the interface between the endothelium and the blood and XO-mediated endothelial injury is believed to be a major factor in IR injury.<sup>42</sup>

When oxygen is re-introduced, it combines with XO and H<sub>2</sub>O to convert hypoxanthine to uric acid and superoxide. A burst of ROS formation is seen within 10–30 seconds after the onset of reperfusion.<sup>43</sup> Superoxide is released when XO combines with oxygen and hypoxanthine. Superoxide, by itself, is not a very damaging molecule. It is, however, a source of hydrogen peroxide. SOD converts superoxide to hydrogen peroxide. Catalase then converts hydrogen peroxide to water and oxygen. Hydrogen peroxide can combine with transition metals, usually free iron, to form the hydroxyl radical. Similar to superoxide, hydrogen peroxide is not very reactive and its main action of toxicity is in forming the hydroxyl radical. Neither superoxide nor hydrogen peroxide can initiate lipid peroxidation, but can stimulate it when added to lipids in the presence of iron by forming the hydroxyl radical. Because the hydroxyl radical is so potent, the body has several defenses against its formation, including SOD and catalase.<sup>44</sup> In addition, iron is very carefully sequestered in biological systems and free or loosely bound iron is never present in health.<sup>45</sup> Iron is bound in hemoglobin and myoglobin in the blood and muscle, to transferrin while circulating in plasma, and to ferritin in cells.

During ischemia, intracellular iron that is bound to ferritin is released, most likely as a result of a combination of acidosis and increased concentrations of reducing equivalents.<sup>46</sup> In addition, superoxide mobilizes iron from ferritin<sup>47</sup> and hydrogen peroxide mobilizes iron from heme.<sup>48</sup> Proteolytic degradation of ferritin occurs during times of oxidative stress and may contribute to the release of free iron. Red blood cells contain large amounts of iron and hemolysis may contribute to free iron release during oxidative stress.

In 1934, it was discovered that the hydroxyl radical (OH<sup>•</sup>) could be generated from the interaction of superoxide (O<sub>2</sub><sup>•</sup>) and H<sub>2</sub>O<sub>2</sub>.<sup>49</sup> The Haber–Weiss reaction  $(O_2^{\bullet-}+H_2O_2\rightarrow OH^{\bullet}+O_2+OH^{-})$  has a second-order rate constant of zero and cannot occur in biological systems without a metal catalyst.<sup>49</sup> The *iron-catalyzed* Haber–Weiss reaction was postulated to account for the presence of transition metals in biological systems (Fe<sup>2+</sup>+H<sub>2</sub>O<sub>2</sub> $\rightarrow$ OH<sup>•</sup>+OH<sup>-</sup>+Fe<sup>3+</sup>).<sup>49</sup> The ferrous (Fe<sup>2+</sup>) form of iron is required for hydroxyl radical formation, but the ferric (Fe<sup>3+</sup>) form is more common in biological systems. The conversion of the ferric to the ferrous form of iron occurs via XO, O<sub>2</sub><sup>•-</sup>, and NO. The ability of O<sub>2</sub><sup>--</sup>

to liberate bound iron and to convert ferric to ferrous iron may contribute to its toxicity.<sup>50</sup>

The hydroxyl radical is the one of the most destructive and potent oxidizing agents known reacting with almost every molecule in the living cell.<sup>24</sup> It causes a chain reaction of lipid peroxidation that leads to loss of membrane selective permeability, damage to DNA, and degradation of structural proteins and membranebound enzyme activity.<sup>51</sup> The chain reaction will continue until the hydroxyl radical is scavenged, two radicals combine to form a non-reactive species, or the substrate is consumed.

Damage due to ROS includes lipid peroxidation with increased cell membrane permeability, damage to the sarcoplasmic reticulum causing negative inotropy, impaired cell function, and cell death. Since the heart and lungs receive ROS and products of IR injury first after portal blood, they appear to be affected quite commonly.<sup>52,53</sup> After reperfusion of ischemic intestine, acute lung injury has been documented with increased damage to alveolar cells, infiltration of neutrophils, and increased microvascular permeability, in an experimental model.<sup>53</sup> Decreased contractility was observed in the myocardium after 2 hours of IR injury in rats.<sup>52</sup> In experimental IR injury of the cat small intestine, there was increased mucosal structural damage and increased microvascular permeability.<sup>54</sup>

Interestingly, the brain appears to be one of the least protected organs from ROS damage. The brain has a high concentration of unsaturated fatty acids (i.e., perfect media for lipid peroxidation), a large iron store with low metal binding capacity (i.e., perfect for generation of hydroxyl radical), low antioxidant capacity, and is incapable of neuronal regeneration.<sup>5</sup>

The endothelium produces both NO and endothelin. In arteries, NO can reverse the vasoconstrictive effects of endothelin, but it appears to have the opposite effect in veins.<sup>55,56</sup> During ischemia, endothelial transcription of endothelin, the most potent vasoconstrictor known, is upregulated.<sup>57</sup> NO is a free radical gas that appears to have an effect on almost every tissue in the body. NO is the end product of nitric oxide synthase (NOS), which occurs in several isoforms; inducible NOS (iNOS), endothelial NOS (eNOS), and neuronal NOS (nNOS). Arginine and molecular oxygen are required for NO synthesis. It is paradoxical in that NO has been shown to be both beneficial and toxic depending on the conditions. In health, low doses of NO cause vasodilation via cGMP-mediated vasodilation, decrease platelet aggregation and leukocyte adhesion, neutralize ROS, and have anti-microbial and anti-apoptotic effects.<sup>58</sup> In the large concentrations generated by iNOS, however, NO is believed to have cytotoxic effects, causing severe, non-responsive vasodilation.58 NO and superoxide

rapidly combine to form a toxic reaction product, peroxynitrite (ONOO<sup>-</sup>), which is highly reactive, readily reacting with proteins, lipids, and DNA during times of inflammation.<sup>59</sup> Hypoxia induces the transcription of iNOS, but because oxygen is required as a substrate for NO production, NO may not increase despite significant elevations in iNOS.60 Upon reperfusion and reintroduction of oxygen, there may be sustained increases in NO.58 During reperfusion, large bursts of ROS can cause depletion of NO when it binds superoxide. The inhibition of NO by ROS is believed to contribute to increased intestinal mucosal permeability.<sup>61</sup> Endothelial dysfunction was improved after administration of a NO donor in an IR study in cats.<sup>62</sup> In animal models of IR injury, increasing endothelial NO availability significantly improved hemodynamics and liver function post-reperfusion in pigs and rats.<sup>63,64</sup> The beneficial effects may be due to the ability of NO to block the effects of endothelin, which is released from endothelial cells and macrophages during IR injury.65 Increasing NO may also decrease anti-inflammatory cell activity, decrease the expression of adhesion molecules, or decrease cytokine levels.<sup>66–68</sup>

Blocking iNOS activity markedly reduced liver injury in several studies.<sup>69–71</sup> NO is increased in graft tissue of rejected organs, compared with organs that are not rejected, and NO has been shown to be a mediator of acute graft rejection in liver transplant patients. It is still controversial whether the increased NO synthesized during IR injury in transplant recipients is beneficial or harmful to tissues.<sup>72</sup>

Conflicting results showing NO to be both beneficial and cytotoxic are most likely due to multiple factors that influence the actions of NO, making it difficult to design effective IR treatment protocols using NO.

# Role of neutrophils in IR injury

Neutrophils play an important role in IR injury. XO, PAF, and ROS can initiate chemotaxis and subsequent neutrophil infiltration.<sup>73,74</sup> Leukocyte infiltration is a crucial component in the IR cascade. Cell adhesion molecules on the leukocyte surface bind to ligands on endothelial cells, initiating a sequence of events culminating in extravasation of leukocytes from the microvasculature. Much of the tissue injury that occurs upon reperfusion results from the oxidants generated and proteolytic enzymes released by immense numbers of either resident or invading neutrophils. Activated neutrophils can cause tissue injury via ROS synthesis during the respiratory burst, release of intrinsic proteolytic enzymes, and by physical obstruction of capillaries.<sup>75,76</sup> Neutrophil infiltration in feline intestinal mucosa following reperfusion has been prevented by

prior administration of allopurinol (a XO inhibitor), SOD, catalase, and deferoxamine, providing additional evidence of the link between ROS, neutrophil infiltration, and subsequent tissue injury.<sup>77,78</sup> Additionally, the increase in microvascular permeability that occurs with IR is attenuated with administration of XO inhibitors, neutropenia, dimethyl sulfoxide (hydroxyl radical scavenger), or monoclonal antibodies directed against the CD18 neutrophil adhesion molecule.<sup>79–81</sup> It has been suggested that neutrophils mediate the majority of mucosal and microvascular injury subsequent to IR.<sup>42,82,83</sup>

The microvasculature is exquisitely sensitive to IR and the increased adhesiveness of neutrophils to endothelial cells contributes to the microvascular injury observed with IR.84 Neutrophil emigration from the microvasculature involves a multi-step series of events involving selectins and integrins, and in general includes tethering/rolling, firm adhesion, transmigration, and chemotaxis.<sup>85</sup> During flow, neutrophils normally undergo tethering and rolling via interaction of E and P selectins on activated endothelial cells and leukocyte L-selectin with various membrane glycoproteins. Rolling is initiated principally by activation of the endothelium. Rolling is mediated early on by constitutively expressed endothelial P-selectin and neutrophil L-selectin. E-selectin only becomes involved at a later time because it requires de novo synthesis. Once neutrophils are tethered to the endothelium by selectin interactions, neutrophil integrin receptors are activated by endothelial cell-expressed PAF, chemokines, or locally secreted chemoattractants. Integrin receptor activation increases their affinity for their endothelial cell ligands, ICAM-1 and -2.85 Once neutrophils become adherent to the endothelium, they move over the endothelial cell surface and then diapedese through intercellular endothelial cell junctions and migrate to the site of inflammation. This migration may be facilitated by disruption of the intercellular junction integrity by elastase or other mediators. The recruitment of neutrophils is terminated by several mechanisms, including removal of E and P selectins from endothelial cells via endocytosis and cleavage of L-selectin from neutrophils by a membrane protease.

Studies have shown that there is an early phase (phase 1) and a later phase (phase 2) of neutrophil adhesion to endothelial cells subsequent to anoxia and reoxygenation.<sup>86–89</sup> The early phase appears to be mediated by PAF- and XO-derived hydrogen peroxide, whereas phase 2 neutrophil adhesion appears to be mediated by PAF as well as oxidants generated intracellularly within the mitochondria. The pattern of neutrophil adhesion during phase 1 suggests that it is due to constitutively expressed ICAM-1 and the rapidly

mobilized preformed pool of P-selectin as well as upregulation of neutrophilic surface expression of  $\beta$ 2-integrins.<sup>86–89</sup> Nuclear transcription factor (NF $\kappa$ B) seems to play an important role in the upregulation of endothelial cell adhesion molecules during phase 2 neutrophil adhesion. Unlike many transcription activators, NF $\kappa$ B is normally present in the cytoplasm and must be translocated into the nucleus to elicit a response. The phase 2 E-selectin-dependent pattern of neutrophil adhesion is consistent with a transcriptional-dependent upregulation of the adhesion protein mediated by NF $\kappa$ B. Inhibition of NF $\kappa$ B activation prevented increased surface expression of E-selectin that was directly correlated with a decrease in neutrophil adhesion to endothelial cell monolayers.<sup>90</sup>

A vicious cycle occurs during reperfusion, with continued neutrophil chemotaxis and activation leading to additional ROS formation, endothelial damage, and capillary plugging.34 Maximal adherence to venular endothelium has been demonstrated using intravital microscopy to occur 10 minutes after reperfusion in feline mesentery.<sup>79</sup> Similar temporal findings have been reported in other species and organs using other techniques, including in the large colon of horses 10 minutes after restoration of blood flow following 3 hours of low-flow ischemia.<sup>91</sup> In several studies, increased myeloperoxidase (MPO) activity has been documented at the site of IR injury, adding to the evidence that neutrophil accumulation occurs and likely contributes to this injury. A correlation between MPO activity and MDA concentrations (i.e., a marker of lipid peroxidation) suggests that lipid peroxidative damage occurred subsequent to neutrophil-derived ROS.<sup>92</sup> Alternatively, the increased MPO could occur subsequent to the increase in phospholipid-derived mediators (e.g., PAF) released during lipoperoxidation of cell membrane phospholipids. Inflammatory mediators generated during IR include tumor necrosis factor alpha (TNFα), interleukin-1β (IL-1β), PAF, complement, and chemokines, all of which are potent chemoattractants and contribute to increase neutrophil sequestration.<sup>93–96</sup> Although activated neutrophils themselves can release TNF $\alpha$  and IL-1 $\beta$ , these cytokines are predominantly released from resident macrophages and mast cells.<sup>97,98</sup> TNFa induces neutrophil adhesion and degranulation, stimulates NADPH oxidase (resulting in ROS synthesis), and enhances the expression of IL-2 receptors and the expression of ICAM-1 on the endothelium.<sup>99</sup> Neutrophil degranulation increases oxidative stress, and also increases tissue activity of elastase and collagenase and augments eicosanoid synthesis. Elastase is the predominant proteolytic enzyme released from neutrophils that cause tissue damage.<sup>100</sup> Xanthine oxidase-derived ROS initiate recruitment of neutrophils, which then become activated and release ROS, leading to exacerbation of organ damage. It appears that circulating leukocytes contribute to increased microvascular permeability and resident interstitial granulocytes contribute to increased gastrointestinal mucosal permeability associated with IR.<sup>83</sup>

The 'no-reflow phenomenon' is a term used to describe diminished or absent blood flow to an area of tissue after relief of vascular occlusion. The concept was first described by Majno et al.<sup>101</sup> Rabbits were subjected to variable periods of brain ischemia and the authors noted that although blood flow was restored with brief (2.5 minutes) periods of ischemia, it was not restored when the ischemia was of longer duration. This model was repeated in other animal models of ischemia and in other organs including the skin, skeletal muscle, and kidney.<sup>102-104</sup> Kloner et al.<sup>105</sup> studied electron microscopic samples of cardiac vessels in a dog model of proximal coronary artery occlusion. Swollen endothelium, endothelial protrusions, and platelet and fibrin thrombi were observed and were believed to be responsible for the no-reflow in these animals. Experimental studies have shown that longer periods of ischemia are more likely to lead to the noreflow phenomenon.106-108

It is likely that neutrophils play a key role in noreflow. Neutrophils adhering to the endothelium can cause damage resulting in endothelial swelling and additional neutrophil accumulation, which can lead to further ischemia and a downward spiral in which even more neutrophils are attracted to the area. In several studies, no-reflow was attenuated by decreasing either neutrophils or platelets.<sup>109–112</sup> Platelets rapidly adhere to subendothelium exposed after vascular injury causes endothelial denudation or retraction. These platelets may then recruit additional neutrophils by initiating selectin- and integrin-dependent leukocyte adhesion to surface-bound platelets.<sup>113-115</sup> The accumulated neutrophils adhering to the platelets may promote fibrin deposition and subsequent thrombus formation.<sup>116</sup> Since there is often a period of normal flow after elimination of the occlusion and a subsequent decrease in flow, the term diminishing reflow has been suggested.<sup>117</sup>

# Conclusion

IR injury is a complex process involving numerous mediators and intricate pathways. Key players in the IR injury cascade include neutrophils, platelets, cytokines, and ROS. Damage due to ROS is widespread and extensive, since they can react with all biological membranes. In dogs, the severity of ischemic injury is determined by the length of the ischemia,<sup>28</sup> and the

reperfusion phase is associated with severe tissue and endothelial injury. Endogenous antioxidant defense mechanisms become overwhelmed during reperfusion, contributing to the damage. In an experimental cat model of IR injury, significant mucosal injury was seen in the small intestine upon reperfusion and this contributes to the vicious cycle of tissue damage.<sup>54</sup> In experimental studies with cats, administration of a NO donor was shown to be beneficial in IR injury.<sup>62</sup> On the other hand, blocking iNOS activity was shown to reduce liver injury in several studies in rats. Because NO requires molecular oxygen for its synthesis, elevations of iNOS do not necessarily translate into increased NO during hypoxia.<sup>60</sup> Conflicting studies regarding NO make designing treatment strategies very difficult and the timing of treatment appears to be a very critical element.

Neutrophils contribute significantly to tissue injury in IR injury. ROS and proteolytic enzymes are released by both invading and resident neutrophils during the reperfusion phase. The prevention of neutrophil infiltration into feline intestine was accomplished with prior administration of allopurinol, SOD, catalase, and deferoxamine.<sup>77,78</sup> XO inhibitors have been shown to decrease the vascular permeability that occurs upon reperfusion in experimental studies using cats and rats.<sup>79,80</sup> Clinical trials of IR injury in companion animals are lacking. Due to the enormous complexity of the disease process and the lack of clinical research, it is difficult to design effective assessment and treatment strategies.

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