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A review of the pharmacology and clinical uses of pimobendan

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Abstract

Objective – To review the pharmacology, research developments, and clinical uses of pimobendan **Data Sources** – Original research articles and clinical studies from 1984 to August 2011.

Veterinary Data Synthesis – Pimobendan is approved for use in dogs for the treatment of congestive heart failure (CHF) secondary to chronic valvular heart disease (CVHD) and dilated cardiomyopathy (DCM). Expertbased veterinary guidelines recommend the use of pimobendan in the management of acute, hospital-based therapy for patients with CHF attributable to CVHD.

Conclusions – The use of pimobendan, an inodilator with phosphodiesterase 3 (PDE3) inhibitory and calciumsensitizing properties, is regarded as a component of the standard of care in the management of dogs with CHF secondary to both DCM and CVHD. Further studies are warranted to confirm the safety and efficacy of pimobendan for the off-label use of this drug in asymptomatic CVHD, pulmonary arterial hypertension, asymptomatic myocardial diseases, CHF from all other causes and in cats with CHF.

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Keywords: cardiotonic agents, phosphodiesterase inhibitors, pyridazines, vasodilator agents

Abbreviations					
ACEI	angiotensin-converting enzyme inhibitor				
cAMP	cyclic adenosine monophosphate				
cGMP	guanosine 3',5'-cyclic monophosphate				
CHF	congestive heart failure				
CS	Cocker Spaniel				
CVHD	chronic valvular heart disease				
DP	Doberman Pinschers				
DCM	dilated cardiomyopathy				
ISACHC	International Small Animal Cardiac				
	Health Council				
LA:Ao	left atrium to aorta ratio				
LPS	lipopolysaccharide-stimulated				
LVID	left ventricular internal diameter				
NO	nitric oxide				
NF-ĸB	nuclear factor кВ				
NYHA	New York Heart Association				
PAP	pulmonary artery pressure				

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The authors declare no conflict of interest.

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PDE3	phosphodiesterase 3
PKA	protein kinase
RAAS	renin-angiotensin-aldosterone system
RF	regurgitant fraction
TnC	cardiac troponin C
TRFV	tricuspid regurgitant flow velocity
TXA_2	thromboxane A ₂
^{99m} Tc-DTPA	^{99m} Tc-diethylenetriamine-pentacetic acid

Introduction

Approximately 10% of dogs presenting to primary care veterinary practices have heart disease.¹ Mitral regurgitation caused by acquired chronic valvular heart disease (CVHD) is the most common cause of congestive heart failure (CHF) and cardiac-related mortality in dogs, accounting for 75% to 85% of canine cardiac disease.^{1,2} Dilated cardiomyopathy (DCM) is a another well-recognized and serious cause of cardiac morbidity and mortality in the dog.³ Pimobendan^a is a newer drug that has been demonstrated to be safe and effective for the treatment of CHF secondary to CVHD or DCM in dogs.^{4–6} This review of pimobendan will firstly focus on its dual mechanism of action then its impact on relevant cardiovascular physiology and includes review of the relevant literature to date.

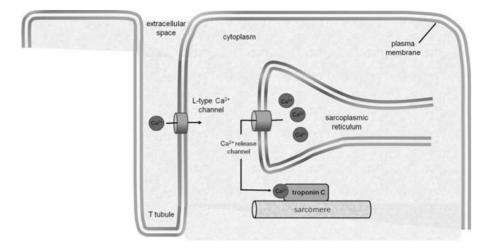


Figure 1: Cardiac myocyte. The influx of extracellular calcium through L-type calcium channels during excitation triggers the release of calcium from the sarcoplasmic reticulum. The increased cytosolic calcium activates contraction of the sarcomere myofilaments via binding of calcium to TnC.

Mechanism of Action

Pimobendan is an inodilator exerting an inotropic effect by a dual mechanism of action consisting of calcium sensitization and inhibition of phosphodiesterase 3 (PDE3) and exerting a vasodilatory effect via PDE3 inhibition. Traditional inotropic drugs such as cardiac glycosides and catecholamines possess narrow therapeutic margins of safety, limited oral bioavailability, and both increase cardiac energy requirements and provoke or exacerbate ventricular arrhythmias.⁷⁻¹⁰ As a result, new agents have been investigated. Pimobendan is a benzimidazole-pyridazinone derivative approved by the US Food and Drug Administration (FDA) for treatment of CHF in dogs.¹¹ Because its mechanism of action is not dependent upon endogenous catecholamines, stimulation of cardiac β -adrenergic receptors, or inhibition of Na⁺/K⁺-ATPase, it is classified as a nonsympathomimetic, nonglycoside inotropic drug.¹¹ The principle mechanisms by which pimobendan exerts its clinical effects are discussed below.

Calcium sensitization, the predominant inotropic effect of pimobendan in the failing heart, involves increasing the affinity of the cardiac troponin C (TnC) regulatory site for calcium (Figure 1).^{12–17} TnC is the calcium binding subunit of the myofibrillar troponin-tropomyosin regulatory system. The binding of calcium to TnC leads to activation of the myofibrillar protein interaction, force generation, and myocardial contraction. The degree of activation, and therefore strength of contraction, is directly correlated to the concentration of cytosolic free calcium as well as its binding affinity for TnC.

Positive inotropy is also achieved via pimobendan's PDE3 inhibitory effects within cardiac myocytes (Figure 2).¹⁸ The net effect of PDE3 inhibition is an increase in cyclic adenosine monophosphate (cAMP), which is the most important second messenger in cardiac myocytes.^{18,20} Stimulation of many cells occurs through activation of G-protein-linked receptors located on their membrane. This leads to activation of G proteins that signal and regulate the production of cAMP.²¹ In most cells, cAMP activates cAMP-dependent protein kinase (PKA) which catalyzes the transfer of terminal phosphate groups from ATP to specific substrates. To maintain balance of cAMP, removal is accomplished by PDEs that hydrolyze cAMP phosphodiester bonds.²² Of the 11 PDE families, those in the PDE3 and PDE5 families have clinically relevant roles in the cardiovascular system.²³ Pimobendan's PDE3 inhibition in cardiac myocytes results in phosphorylation of several substrates (Figure 2).^{24–28} Phosphorylation of phospholamban increases calcium sequestration by the sarcoplasmic reticulum during diastole. Phosphorylation of calcium release channels causes increased release of calcium by the sarcoplasmic reticulum during systole. Phosphorylation of L-type calcium channels increases calcium influx during systole. Each of these PDE3 inhibitory mediated effects contributes to positive inotropy.

Pimobendan's active metabolite, UD-CG 212 Cl, has been shown to be a competitive antagonist for A₁adenosine receptors, which is a less commonly recognized contributor to increased inotropy.²⁹ A₁-adenosine receptors are ubiquitous throughout the body and have an inhibitory function in most tissues. Blocking the inhibitory effects of A₁-adenosine receptor stimulation in the heart leads to cAMP synthesis and positive inotropy.^{29,30}

The PDE3 inhibitory action of pimobendan is largely responsible for the positive inotropic effect in the healthy

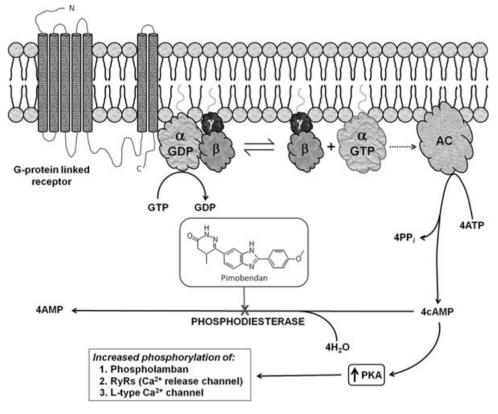


Figure 2: Signal transduction: G-Protein, cAMP, PKA, and PDEs. Binding of a signaling molecule to G-protein linked receptors leads to activation of GTP binding proteins (G proteins). The G protein binds to the catalytic subunit, adenyl cyclase (AC), which allows ATP to be hydrolyzed to cAMP. PKA is activated by cAMP. The activated PKA phosphorylates target proteins. Cyclic nucleotide PDE converts cAMP to AMP, thus reducing the amount of cAMP that can activate PKA. Pimobendan, a PDE inhibitor, prevents breakdown of cAMP, increasing PKA and protein phosphorylation.

heart. In the failing heart some studies indicate that it is the calcium sensitizing effects that predominate.^{16,17} Calcium sensitization has pharmacologic benefits over other inotropic agents, such as digitalis and catecholamines, which increase cytosolic calcium concentrations. Increasing cytosolic calcium is associated with risks of calcium overload, increased myocardial oxygen consumption, and arrhythmias.³¹ Moreover, the positive inotropic effects of catecholamines are often rapidly lost during chronic administration due to β -adrenergic receptor down regulation.³²

In addition to positive inotropy, pimobendan results in both arterial and venodilation.^{33–37} These effects are mediated via inhibition of PDE in vascular smooth muscle cells, which increases cAMP and guanosine 3',5'-cyclic monophosphate (cGMP), two enzyme systems that play pivotal roles in maintenance of vascular smooth muscles cells.^{38,39} Increasing cAMP and cGMP in vascular smooth muscle facilitates calcium uptake by intracellular storage sites thereby decreasing the amount of calcium available for contraction.³⁹ The end result is vasodilation of both systemic and pulmonary vascular beds via smooth muscle relaxation. Although the venodilating effects have been shown in some species to be more pronounced than the arterial dilation, pimobendan is generally considered to have balanced vasodilatory effects.^{34–36,40–42}

Additional Pharmacological Effects

Effects on the immune system

Pimobendan has been shown to have beneficial effects on the immune system in multiple ways and in various species. Pimobendan has been shown to have a therapeutic effect in the acute stage of viral myocarditis in murine models.⁴³ This is mediated in part by inhibition of proinflammatory cytokines and inhibition of the synthesis of nitric oxide (NO) by inducible NO synthase.⁴³ The ability of PDE inhibitors to suppress production of NO was further investigated in cultured macrophages. Pimobendan was the most potent inhibitor of nitrite accumulation.⁴⁴ Pimobendan also inhibited the activity of transcription factor nuclear factor κB (NF-κB).⁴⁵ NF-κB regulates the expression of several genes (IL-1B, IL-6, TNF-α) involved in immune and inflammatory responses and has been demonstrated in the myocardium of the failing human heart.⁴⁵ Reduction of NF- κ B ameliorates the contribution of the immune system to heart failure.^{45–47} Finally, exposure of lipopolysaccharide-stimulated (LPS) peripheral blood mononuclear cells to various concentrations of PDE inhibitors resulted in decreased LPS at all concentrations with pimobendan.⁴⁷ These effects of pimobendan on the immune system have yet to be demonstrated in dogs.

Effects on catecholamine secretion

CHF results in chronic activation of the sympathetic nervous system that can lead to deleterious effects. Pimobendan has been shown to reduce catecholamine synthesis and secretion in cultured adrenal medullary cells.48 In vivo studies in dogs and people support the in vitro results. People with moderate, nonischemic heart failure receiving a regimen of digitalis, diuretics and an angiotensin-converting enzyme inhibitor (ACEI) were treated with pimobendan. After 3 months, plasma concentrations of norepinephrine improved in patients treated with pimobendan compared with the control group.⁴⁹ This improvement was sustained for 2 years. Dogs with mild mitral regurgitation treated with pimobendan for 4 weeks had significantly reduced plasma norepinephrine at the end of the study period.50

Antithrombotic effects

Platelet aggregation is highly regulated by cyclic nucleotides, particularly cAMP.^{51,52} PDE3 inhibitors prevent aggregation of platelets via regulation of cAMP.^{51,52} Pimobendan's antithrombotic activity has been demonstrated in both in vitro and in vivo studies. Pimobendan inhibited platelet aggregation and thromboxane A2 (TXA₂) secretion in cultured endothelial cells, suggesting TXA₂-mediated antithrombotic properties.⁵³ Both spontaneous and collagen-induced aggregation were inhibited by pimobendan in a dose-dependent manner (0.5-10 mM) in human whole blood.54 Pimobendan also inhibited platelet aggregation in platelet rich feline plasma.⁵⁵ In vivo studies have supported the in vitro results. Antithrombotic activity was demonstrated in dogs with recurrent thrombi in a partially stenosed coronary artery.⁵⁶ In a recent abstract, Shipley et al evaluated the in vitro effects of pimobendan on platelet aggregation using thromboelastography.^b They found that pimobendan exerted a mild inhibitory effect on platelet aggregation in dogs. However, the concentration at which inhibition of platelet aggregation occurred, 10.0 mM, is roughly 1,000fold higher than the clinically achievable concentration in dogs (0.01 mM).^d

Effects on rhythm

Pimobendan prolongs the cardiac action potential that initially led to the thought that it may prolong myocardial refractoriness and decrease the tendency to induce re-entrant arrhythmias.^{14,57,58} However, administration of pimobendan to anesthetized dogs led to a decrease in atrial, ventricular, and atrioventricular nodal refractory periods.⁵⁹ Furthermore, pimobendan was ineffective at preventing induction of ventricular tachycardia and failed to protect animals from developing ventricular fibrillation in a canine model of myocardial infarction.⁶⁰ While relevant to human patients who frequently suffer from ischemic heart disease, these data are less applicable to canine cardiac disease patients as they rarely suffer from acute myocardial infarction.

Insulinotropic effects

Similar intracellular signaling mechanisms exist in both cardiomyocytes and pancreatic β -cells. Calcium is involved in the contractile and exocytotic events of insulin release from β -cells. Therefore, the possible insulinotropic effect of pimobendan was examined in rat pancreatic β -cells.⁶¹ It was demonstrated that via calcium sensitization pimobendan enhanced glucose-induced insulin release in a dose-dependent manner. This effect and its clinical relevance have not been studied in dogs.

Formulation and Pharmacokinetics

Pimobendan is FDA approved for the management of the symptoms of mild, moderate, or severe CHF in dogs due to CVHD or DCM.^c It is indicated for use with concurrent therapy for CHF as appropriate on a case-by-case basis. Pimobendan is supplied as oblong, half-scored, chewable tablets in concentrations of 1.25 mg or 5 mg. Studies used to gain FDA approval demonstrated an increase in cardiac contractility in a dose-dependent manner up to a dose of 0.5 mg/kg.^b Further studies supported a total daily dose of 0.4 to 0.6 mg/kg administered in 2 portions, not necessarily equal, approximately 12 hours apart.^b

In people, pimobendan is readily distributed into tissues and peak onset of action is <1 hour after oral administration.^{62,63} Although food decreases the aqueous solution of pimobendan, the effect of food on absorption from tablets is unknown.^b Pimobendan undergoes hepatic demethylation via oxidation to a pharmacologically active metabolite (UD-CG 212 Cl).⁶² Maximal mean plasma concentrations (Cmax) in dogs for pimobendan and UD-CG 212 Cl are 1–4 hours postdose (mean was 2 and 3 hours, respectively).^d Plasma protein binding in dogs of both pimobendan and UD-CG 212 Cl are >90%.^c UD-CG 212 Cl is conjugated with sulfate or glucuronic acid and excreted mainly in feces.^c In people, only 5% of pimobendan and its metabolites are eliminated via kidneys, which eliminates dosing concerns with concurrent azotemia.⁶⁴ The total body clearance of pimobendan is approximately 90 mL/min/kg, and the terminal elimination half-lives of pimobendan and UD-CG 212 Cl are approximately 0.5 hours and 2 hours, respectively.^c Despite the short half-lives of the drugs, the pharmakodynamic effects in people are >8 hours.⁶⁵

Preclinical Investigations

Numerous studies have reported the effects of pimobendan in vitro.^{12-14,36,66,67} Studies on both intact and demembranated guinea pig and canine cardiac muscle demonstrated pimobendan increased calcium affinity (ie, calcium sensitization) of the regulatory binding sites of TnC.^{12,14} Furthermore, patients with reduced ventricular function were more sensitive to these effects when compared with patients with normal ventricular function.¹⁷ However, other data suggested that pimobendan's inotropic effect on the failing human myocardium was predominantly due to inhibition of PDE3.68 Studies have also evaluated the mechanism of action of pimobendan's active metabolite. The PDE3 inhibitory action of UD-CG 212 Cl was significantly more potent than that of pimobendan.⁶⁹ Controversy exists as to whether UD-CG 212 Cl has calcium sensitizing properties.^{69–72} Vascular properties have also been studied in vitro, indicating that the vasodilatory effect of pimobendan is due to an increase in cAMP resulting from PDE inhibition.³⁶ Additional studies have compared the mechanoenergetic effects of pimobendan with other inotropic agents, such as isoproterenol and dobutamine, and shown that for a given increase in myocardial contractility, the myocardial oxygen consumption was less for pimobendan.66,73

Results of in vivo investigations on the inotropic effectiveness of pimobendan in models of either ischemic or postischemic impairment of myocardial contractile function demonstrate that in the acute setting of compromised contractility and reduced cardiac output, pimobendan is able to improve contractility of the heart.^{34,74,75} Cardiac function was assessed in anesthetized pigs with experimentally reduced blood flow.³⁴ Pimobendan increased both max LV dP/dt, an index used to characterize the contractile ability of the heart, and cardiac output.³⁴ Pretreatment with propranolol did not modify any of the cardiovascular responses of pimobendan, excluding involvement of β-adrenoceptor stimulation. Pimobendan increased survival by 27% in hamsters with a hereditary cardiomyopathy that results in pathology similar to ischemic heart diseases.⁷⁶ It is important to recognize that many experimental models are designed to mimic the common ischemic cardiovascular diseases of people that are rare in companion animals. A model of pacing-induced CHF was studied in 7 mongrel dogs comparing pimobendan to the pure PDE3 inhibitor, amrinone.⁷⁷ Prior to induction of CHF, these drugs produced equivalent inotropic and vasodilatory actions. After induction of CHF, amrinone's inotropic effects were attenuated whereas pimobendan's effects persisted. Despite a short-term study with a small sample size (4 beagles), results from Kanno et al⁵⁰ demonstrated that treatment of dogs with induced mild mitral regurgitation with pimobendan resulted in decreased systolic and mean blood pressure, decreased cardiac oxygen consumption, increased ejection fraction, increased fractional shortening, decreased regurgitant stroke volume, and a decreased left atrium to aorta (LA:AO) ratio.⁵⁰ In a number of animal models, pimobendan has been shown to dilate the venous and arterial vasculature.^{34,35,41,78,79} However, differences in the potency of vasodilatory effects, based on degree of changes in mean arterial blood pressure or left ventricular end-diastolic blood pressure, have been reported, which may be due to the absence or presence of anesthesia as well as to species differences.

Multiple studies have been performed to evaluate the pharmacologic effects of pimobendan in healthy canine subjects.^{80–83} A study of 23 open-chest, barbiturateanesthetized mongrel dogs demonstrated that pimobendan increased heart rate, ejection fraction, and myocardial contractility.⁸³ A randomized, blinded, crossover study examined renal function in 10 clinically normal dogs receiving meloxicam and pimobendan alone or in combination for a 7-day period. Renal function was assessed by concentrations of blood urea, creatinine, sodium, potassium, and chloride as well as by glomerular filtration rate, which was measured by renal scintigraphy and plasma clearance of ^{99m}Tc-diethylenetriaminepentacetic acid (99mTc-DTPA). Results showed that alone or in combination, neither altered renal function in healthy dogs.⁸⁰ Another study in healthy dogs investigated the effects of pimobendan on the reninangiotensin-aldosterone system (RAAS).82 Other vasodilators activate the RAAS, however this did not occur in this study. The lack of vasodilatory-induced RAAS activation was attributed to positive inotropic maintenance of glomerular filtration.⁸² This study also evaluated the effects of pimobendan on furosemide-treated dogs. As expected, furosemide activated the RAAS and concurrent administration of pimobendan did not diminish this activation.⁸² The results of this study demonstrated that pimobendan is not a substitute for an ACEI.

Clinical Investigations

Data are limited regarding the use of pimobendan in dogs with asymptomatic CVHD (Table 1). A blinded,

Table 1: Summary of selected veterinary publications evaluating pimobendan in dogs with mitral valve disease

Study population	Type of study	Key findings	Reference
Asymptomatic CVHD			
24 client-owned dogs	Prospective	Pimobendan group:	Ouellet et al. (2009)
ISACHC Ib CVHD	Blinded	No decrease in RF	
	Controlled	 Significant increase in the EF at 30 days 	
		 Nonsustained decrease in end systolic LVID 	
12 nonclient-owned beagles	Prospective	Pimobendan group:	Chetboul et al. (2007)
NYHA class I CVHD	Double blinded	 Decreased systolic LVID 	
	Randomized	 Increased RF 	
	Parallel group	 Histologic grades of mitral valve lesions were more severe 	
4 beagles	Experimental	Pimobendan effects:	Kanno et al. (2007)
Induced mild MR		 Increased cardiac contractility 	
		Vasodilation	
		 Reduced volumetric load of the LV and LA 	
2 Dogs	Case report	Dog 1 (10-month treatment with pimobendan) and Dog 2	Tissier et al. (2005)
Without echocardiographic		(5-month treatment with pimobendan) both with evidence	
exams		of increased MR and myocardial hypertrophy, which	
On long-term pimobendan		resolved with cessation of pimobendan	
Symptomatic CVHD			
252 client-owned dogs	Prospective	Compared with benazepril, pimobendan prolongs Time to:	Haggstrom et al. (2008)
In CHF caused by CVHD	Single blinded	Sudden death	
Class not defined	Randomized	Time to euthanasia for cardiac reasons	
124 treated w/pimobendan		Treatment failure	
128 treated w/benazepril			
76 client-owned dogs	Prospective	Pimobendan	Lombard et al. (2006)
ISACHC Class II or III CVHD	Double blinded	Improvement in ISACHC class in 84% of dogs	
	Randomized	Long-term median survival 415 days	
	Controlled Multicentre	Benazepril	
	wuncentre	Improvement in ISACHC class in 56% of dogs	
12 diant owned dogo	Proceeting	 Long-term median survival 128 days Pimobendan group: 	Smith at al. (2005)
43 client-owned dogs NYHA class II or III CVHD	Prospective Single blinded	 Well tolerated compared with ramipril 	Smith et al. (2005)
NYHA class II or III CVHD	Single blinded Randomized	 verificitierated compared with ramphi 25% as likely as ramipril dogs to have an adverse heart 	
	nanuumizeu	• 25% as likely as ramphi dogs to have an adverse heart failure outcome	
	Parallel group		

RF, regurgitant fraction; EF, ejection fraction; LVID, left ventricular internal diameter; LV, left ventricle; LA, left atrium.

randomized, prospective study was performed on dogs with asymptomatic CVHD and compared the cardiac pharmacodynamics of long-term monotherapy with either pimobendan or benazepril.⁸⁴ The study objective was to determine whether the chronic use of either of these drugs at standard recommended dosages could produce cardiac lesions.⁸⁴ Inclusion was limited to dogs with evidence of cardiac disease but no clinical signs or exercise intolerance (ie, New York Heart Association (NYHA) class I). Dogs were not on any concurrent therapy. While a marked and sustained increase in systolic myocardial function was noted based on increased fractional shortening and decreased left ventricular systolic diameter, there was a concomitant and detrimental worsening of the mitral regurgitant jet and the development of jet lesions. A prospective, blinded, controlled clinical trial evaluated the effect of the addition of pimobendan on echocardiographic parameters in dogs with asymptomatic CVHD.85 This study included 24 client-owned

dogs with an LA:Ao > 1.6 and no signs of CHF on thoracic radiographs. Permitted concurrent therapy included an ACEI. Echocardiographic evaluations were performed upon enrollment and at 30, 90, and 180 days. Results suggested that the addition of pimobendan did not decrease the regurgitant fraction (RF) over the study period. While there was a significant increase in the ejection fraction of the pimobendan-treated dogs at 30 days as well as a decrease in systolic left ventricular diameter, this improvement was not sustained over the 6-month trial period. This study did not identify beneficial longterm changes in the severity of mitral regurgitation after addition of pimobendan to ACEI treatment in dogs with asymptomatic CVHD.⁸⁵ Tissier et al⁸⁶ described 2 cases of dogs without prior echocardiographic examination that were treated with long-term pimobendan. Both dogs had evidence of myocardial hypertrophy and increased mitral valve regurgitation, which improved after discontinuation of pimobendan.⁸⁶

Smith et al⁸⁷ first described the clinical efficacy and safety of pimobendan by comparing it with ramipril over a 6-month period in dogs with mild to moderate CHF caused by CVHD (Table 1).87 All dogs were also treated with furosemide and digoxin was used on a case-by-case basis. Dogs in the ramipril group may have had more advanced disease at baseline confounding the results that dogs treated with pimobendan were 25% less likely to have an adverse heart failure outcome (eg, euthanized, died, or removed from the study as direct consequence of heart failure). The VetSCOPE study compared pimobendan and benazepril in 76 dogs with International Small Animal Cardiac Health Council (ISACHC) class II (ie, clinical signs with exertion or excitement) or III (ie, clinical signs at rest) heart failure caused by CVHD.88 Furosemide and antiarrhythmic agents as needed were permitted, however the use of other ACEI and digoxin were not allowed. Long-term median survival for dogs receiving pimobendan was 415 days versus 128 days for dogs not on pimobendan. Due to ongoing controversy regarding the optimal treatment for dogs with CHF secondary to CVHD, the landmark QUEST study was designed to compare the use of pimobendan to that of benazepril. This was a prospective, multicenter, randomized, single-blinded, comparator study that included 252 client-owned dogs.4 Permitted concurrent treatment included diuretics and digoxin but excluded ACEI. The study was prospectively designed to demonstrate a 50% difference in median times to reach the primary endpoint between the treatment groups. The primary endpoint was met when one of the following occurred: sudden cardiac death, euthanasia as a consequence of the cardiac disease, or treatment failure leading the clinician to withdraw the dog from the trial. While the proportion of dogs reaching the primary endpoint in the 2 groups was not different, the median time to reach the primary endpoint for dogs treated with pimobendan was almost twice as great (267 days) as for dogs treated with benazepril (140 days). These results demonstrate the superior effect of pimobendan for extending survival in dogs with CHF caused by CVHD when compared to benazepril. Moreover, being the largest prospective veterinary cardiovascular study with the highest recorded event rate, this study allowed for the most extensive analysis of covariates to date. In the multivariate analyses, after controlling for the effect of 33 other variables measured at baseline, pimobendan therapy continued to confer a significant risk reduction for reaching the primary endpoint compared with benazepril therapy. Seven other baseline variables had a significant favorable effect on the risk for reaching the primary endpoint: being a CKCS, receiving a lower daily furosemide dose, and having a better exercise tolerance, a lower VHS score, a lower LA/Ao ratio, a lower left ventricular internal diameters

(LVIDs), and a higher serum creatinine concentration. Despite the significance of the findings in the QUEST study, the study did not address the potential benefit of the combined therapy of pimobendan and an ACEI. Therefore, it should be emphasized that using pimobendan does not preclude the need for a simultaneous ACEI in the management of CHF.⁸²

Consensus Statement of Guidelines for the Diagnosis and Treatment of Canine CVHD

In 2009, the American College of Veterinary Internal Medicine (ACVIM) Specialty of Cardiology published a consensus statement on guidelines for the diagnosis and treatment of canine CVHD.⁸⁹ For acute, hospitalbased therapy of patients with current clinical signs of CHF, a consensus recommendation included the use of pimobendan (0.25-0.3 mg/kg PO q12h).89 While evidence from clinical trials supporting the chronic use of pimobendan in the management of patients with CHF is stronger than for the acute situation, the recommendation to use pimobendan in acute heart failure therapy is supported by hemodynamic and experimental evidence as well as the collective anecdotal experience of the panelists. At home, long-term therapy for patients with past or current CHF included continuation of pimobendan. Patients with end-stage disease and clinical signs refractory to "standard therapy" should be receiving maximal tolerated doses of furosemide, an ACEI, and pimobendan. Pimobendan is not recommended in patients at high risk for developing heart disease that currently have no identifiable structural disorder or for patients with structural heart disease that have not yet developed clinical signs. Therapy for asymptomatic patients with hemodynamically significant valve regurgitation, as evidenced by radiographic or echocardiographic findings of left-sided heart enlargement was controversial, and no consensus could be reached with currently available evidence.

CHF caused by DCM

While occult DCM can have a protracted silent course, overt DCM can be a devastating disease. The clinical course of DCM is different among affected breeds with Doberman Pinschers (DPs) having a poorer prognosis.³ Two prospective, double-blinded, randomized, placebocontrolled studies have been performed that evaluated the safety and effectiveness of pimobendan for CHF due to DCM (Table 2).^{5,6} These studies supported the approval of pimobendan for use in this setting. Fuentes et al⁵ evaluated pimobendan in 2 breeds commonly affected with DCM, DPs, and Cocker Spaniels (CSs).⁵ Inclusion criteria included echocardiographic Table 2: Summary of selected publications evaluating pimobendan in dogs with DCM

Study population	Type of study	Key findings	Reference
367 Dogs with DCM ISACHC Class 1, 2, or 3	Retrospective study of prognostic factors	 Pimobendan was: Administered to 30% of dogs Used more frequently in dogs with more advanced disease Not significantly associated with use and survival Not available during entire study period 	Martin et al. (2010)
16 DPs With CHF caused by DCM Class not defined	Prospective Double blind Randomized Placebo controlled	Pimobendan-treated dogs had a significant improvement in time to treatment failure compared with placebo	O'Grady et al. (2008)
10 DPs 10 CSs Modified NYHA class 3 or 4	Prospective Double blind Randomized Placebo controlled	Addition of pimobendan to traditional therapy improved functional heart failure class in both DPs and CSs and significantly increased survival in DPs	Fuentes et al. (2002)

DPs, Doberman Pinschers; CSs, Cocker Spaniels.

confirmation of a dilated, hypocontractile left ventricle in the absence of marked valvular disease or congenital heart defects and radiographic evidence of pulmonary edema. The subjects were randomized to receive either pimobendan or placebo. Permitted background therapy included furosemide, enalapril, and digoxin. The median survival time for pimobendan-treated CSs was 1,037 days compared with 537 days for the placebo group. The median survival time for pimobendan-treated DPs was 329 days compared with 50 days for the placebo group. Placebo-treated DPs had a greater number of dogs with atrial fibrillation at baseline compared with pimobendan-treated DPs. Given that atrial fibrillation in DPs with DCM is associated with a poorer prognosis, future studies should consider separate randomization for dogs with atrial fibrillation.⁹⁰ Overall, the results of this study indicated that in both breeds the addition of pimobendan to standard treatment (eg, furosemide, enalapril, digoxin) resulted in significant improvement in functional heart failure class.⁵ These findings were supported by a study of the effects of pimobendan on DPs diagnosed with CHF caused by DCM.⁶ Sixteen DPs were randomized to receive either pimobendan (0.25mg/kg PO q12) or placebo. Concurrent therapy including furosemide and benazepril hydrochloride was permitted. Despite randomization, at time 0, the pimobendan group had significantly greater echocardiographic ventricular dimensions suggesting more advanced heart failure than the placebo group. Regardless, the addition of pimobendan to traditional diuretic and ACEI therapy significantly increased survival in DPs with CHF caused by DCM with a time to treatment failure (survival time to death) of 130.5 days for the pimobendan-treated group compared with 14 days for placebo.⁶ A recent retrospective study of 367 cases of canine DCM examined the prognosis and its association with clinical presentation, diagnostic findings,

and drug use.³ Regarding the use of pimobendan, this study showed that the frequency of its use increased with higher ISACHC heart failure class. In this study, the use of pimobendan was not significantly associated with survival. However, given the nature of a retrospective study, it is difficult to make associations between drugs and survival; moreover, in 1993, the beginning of the study period and throughout a significant portion of the study period, pimobendan was not available for use further confounding the study results.

Pulmonary Hypertension

PDE inhibitors are being used therapeutically to treat pulmonary arterial hypertension (PAH). Studies in rats with PAH suggest a reduced sensitivity of pulmonary arteries to certain vasodilators, which might be due in part to increased PDE3 and PDE5.91 This provides a possible molecular mechanism by which PDE inhibitors might exert their beneficial effects in cases of PAH.⁹¹ The PDE5 inhibitor sildenafil is FDA approved and licensed for use in people with pulmonary hypertension and has shown to be effective at reducing pulmonary artery pressure (PAP) in dogs.^{e,92} In a study of 10 client-owned dogs diagnosed with PAH secondary to CVHD, treatment with pimobendan was compared with placebo. Inclusion criteria included dogs with a tricuspid regurgitation jet yielding a peak tricuspid regurgitant flow velocity (TRFV) \geq 3.5 m/s. Continuous wave Doppler was used to estimate the PAP by measuring the peak TRFV across the tricuspid valve and converting it to a pressure gradient by use of the modified Bernoulli equation.⁹³ In both short-term and long-term comparison, the use of pimobendan resulted in a decrease in peak TRFV.94 The efficacy of pimobendan for the treatment of canine PAH secondary to disease processes other than CVHD have not been studied.

Pimobendan in Cats

There are minimal published data regarding the use of pimobendan in cats. A recent abstract presented data from a single oral dose study in cats.^f These results indicated that pimobendan is rapidly absorbed in healthy cats and was characterized by a C max more than $4\times$ higher than what has been described in dogs. Also, cats had an elimination half-life approximately $3 \times$ longer than what has been reported in dogs. Another recent abstract reported on the use of pimobendan in a population of client-owned cats with naturally occurring heart disease.^g Medical records from 3 institutions revealed 161 client-owned cats who had received pimobendan for various disease processes: hypertrophic cardiomyopathy (62 cats), unclassified cardiomyopathy (55 cats), DCM (27 cats), and various non-CHF indications (17). The median dose of pimobendan used was 0.23 mg/kgq 12h and the median survival of cats was 102 days. Further prospective studies are warranted to determine if pimobendan has a role in treating CHF in cats. Finally, positive inotropic agents will increase the severity of systolic anterior motion of mitral valve and worsen end-systolic cavity obliteration; therefore, the use of pimobendan in cats with hypertrophic obstructive cardiomyopathy is contraindicated.

Conclusions

Pimobendan, an inodilator with calcium sensitizing and PDE3 inhibitory properties, has emerged as an important component of the modern standard of care for the management of CHF in dogs suffering from CVHD and DCM. Its use is supported by current expert-derived treatment guidelines and is FDA approved for these indications. Greater usage of pimobendan in veterinary medicine warrants further study to establish the safety and efficacy of this agent in other clinical settings such as asymptomatic myocardial diseases as well as CHF from all other causes. Emerging data in asymptomatic CVHD and PAH need to be confirmed with large, controlled studies. Recent data in cats indicate that pimobendan is being explored as a therapeutic modality in the management of feline CHF. Appropriate studies should be performed to establish the safety and efficacy of this drug in this species.

Footnotes

- ^a Vetmedin, Boehringer-ingleheim, Ingelheim, Germany.
- ^b FDA Freedom of Information Summary [United States Food and Drug Administration (FDA), Center for Veterinary Medicine (2007)] Available at: http://www.fda.gov/OHRMS/DOCKETS/98fr/2007–141-273-fois001. pdf. Accessed Oct 1, 2010.

- ^c Veterinary Medicine Labels. Available at: http://dailymed.nlm.nih.gov/ dailymed/lookup.cfm?setid=5441e5b2-cdc0-477a-bd9a-ec5f8d912281. Accessed Jul 15, 2011.
- ^d Shipley EA, Hogan DF, Green HW, et al. Effect of pimobendan on platelet aggregation in dogs. J Vet Intern Med 2011; 25(3):632–767.
- e Revatio, Pfizer, New York City, NY.
- ^f Hanzlicek A, Margiocco M, Gehring R, et al. Pharmacokinetics of oral pimobendan in healthy cats: a single dose study. J Vet Intern Med 2010; 24(6):1537–1576. g. MacGregor JM, Rush JE, Laste N, et al. Use of pimobendan in 161 cats (2006–2009). J Vet Intern Med 2010; 24(3):660–795.

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