Cornell NutriPhone & KS-Detect Pictures of Health





Smartphone Based Technologies for Mobile and Global Health

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David's Odyssey

The last time I got my bloodwork done

Timeline

June – Time to get my Cornell Plan for Healthy living physical

October 1st – Cancelled phlebotomist appointment (overlap with teaching).

October 11th – Visit phlebotomist, have blood drawn, ~ 2hrs.

October 23rd – Visit doctor, get results, vitamin D deficient, need to take supplement (2000 IU).

1Y – Next scheduled blood test to see if actually working.

















































